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Добровольчество в школе: практикум по английскому языку

*сборник разноуровневых материалов по английскому языку
по теме школьного добровольчества
с ключами для учащихся 2–11 классов*

Ростов-на-Дону
2026

Добровольчество в школе: практикум по английскому языку: сборник разноуровневых материалов по английскому языку по теме школьного добровольчества с ключами, для учащихся 2–11 классов, под общ. ред. О.Х. Мирошниковой. - Ростов-на-Дону, 2026.-65 с.

Настоящий сборник представляет собой комплект учебных материалов, разработанных учителями английского языка различных школ и колледжей г. Ростова-на-Дону и Ростовской области, для использования на уроках английского языка, во внеурочной деятельности и в рамках кружковой работы. Тематической доминантой сборника является добровольчество (волонтерство) в школе и его роль в жизни подростков, молодежи и общества в целом. Материалы адресованы учителям английского языка, работающим с учащимися начальной, основной и старшей школы, и содержат задания разного уровня сложности с ключами для самопроверки и контроля

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Пояснительная записка

Настоящий сборник представляет собой комплект учебных материалов, разработанных учителями английского языка различных школ и колледжей г. Ростова-на-Дону и Ростовской области, для использования на уроках английского языка, во внеурочной деятельности и в рамках кружковой работы. Тематической доминантой сборника является добровольчество (волонтерство) в школе и его роль в жизни подростков, молодежи и общества в целом. Материалы адресованы учителям английского языка, работающим с учащимися начальной, основной и старшей школы, и содержат задания разного уровня сложности с ключами для самопроверки и контроля.

Актуальность сборника обусловлена необходимостью формирования у подрастающего поколения активной гражданской позиции, социальной ответственности и эмпатии. Волонтерство в современной России - одно из приоритетных направлений государственной молодежной политики: добровольческие инициативы способствуют решению местных проблем, развитию социальной солидарности и воспитанию лидерских качеств. Для школьников участие в волонтерской деятельности – это не только возможность принести пользу школе, городу или стране, но и важный этап личностного становления. Оно учит бескорыстной помощи, командной работе, тайм-менеджменту, а также позволяет применить языковые компетенции в реальных коммуникативных ситуациях (например, при общении с иностранными гостями, участии в международных проектах, создании двуязычных афиш и инструкций).

Для подростков и молодежи добровольчество становится «школой жизни»: оно помогает преодолеть эгоцентризм, увидеть проблемы окружающих, приобрести такие навыки, как коммуникабельность, инициативность, умение решать конфликты. На уровне страны развитие школьного волонтерства напрямую связано с формированием социального капитала — доверия, взаимопомощи и чувства сопричастности к общему делу. Именно молодые волонтеры часто становятся драйверами позитивных изменений в своих городах: от экологических субботников до помощи пожилым в освоении цифровых сервисов. В условиях глобальных вызовов добровольческое движение укрепляет национальную идентичность и демонстрирует лучшие черты нашего общества — солидарность, отзывчивость и готовность прийти на помощь без оглядки на возраст.

Цель сборника – помочь учителям английского языка интегрировать тему волонтерства в учебный процесс, развить у школьников метапредметные навыки (критическое мышление, умение работать с информацией, выступать публично, вести диалог) и расширить активный лексический запас по темам «Социальные проекты», «Помощь другим», «Экология», «Забота о пожилых и младших».

Задачи сборника - предложить готовые лексические, грамматические, коммуникативные и проектные задания на английском языке, объединенные темой школьного волонтерства, сформировать у учащихся представление о различных направлениях добровольчества (экологическое, событийное, социальное, культурное, медиаволонтерство) на примерах из реальной школьной практики, мотивировать школьников к личному участию в волонтерских акциях через обсуждение примеров успешных практик, ролевые игры и рефлексивные упражнения, предоставить учителю методический инструментарий для оценивания (ключи к заданиям, критерии оценки проектов, рекомендации по организации дебатов).

Данный сборник призван не только обогатить языковой репертуар учащихся, но и воспитать в них этику участия. Учитель, использующий эти материалы, получает возможность органично соединить формирование иноязычной коммуникативной компетенции с решением ключевых воспитательных задач современной школы.

Надеемся, что предложенные упражнения вдохновят учеников на реальные добрые дела, а английский язык станет для них не просто учебным предметом, а инструментом для расширения границ помощи и взаимопонимания.

Учебные материалы, представленные в сборнике, будут способствовать обновлению содержания регионального иноязычного школьного образования.

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Volunteering in our life

Volunteering in Rostov Region has been developing actively over the past decade. People often start volunteering activities without any formal organization.

Let's find out who volunteers are. Volunteers are people who volunteer for charitable work without receiving money. They are willing to donate their time, energy, and skills to help those in need, they support social and environmental initiatives, and promote public welfare.

According to research, most people volunteer because they seek communication with congenial souls. Another motive is the desire to do good deeds. For many volunteers, it's important to know they're changing someone's life for the better.

Nowadays, volunteering has become a common part of the educational process: almost every school has own volunteer brigades. And our Arpachin school has volunteer groups, such as "YunArmiya" ("Young Army"), "Ot serdtsa k serdtsu" ("From Heart to Heart") and "Yunyy Ekolog" ("Young Ecologist"). These groups include students of our school.

Volunteering at our school is divided into several areas:

1. Social volunteering.

Our students of "From Heart to Heart" group help lonely elderly people, children of war, and the disabled. Children help them with housework, gardening, yard cleaning, and shopping.



2. Environmental volunteering.

Our school organizes community service days. The members of "Young Ecologist" group clean up rubbish in our village park, clean the banks of the Don River, and plant trees in the park. We launch waste recycling campaigns and participate in "My Animals" campaign, our pupils bring food for cats and dogs, which we donate to animal shelters. In winter children make bird feeders, fill them with grain, and hang them in the park.



3. Patriotic Volunteering.

Our activists of "Young Army" and "From Heart to Heart" groups help preserve the memory of the Great Patriotic War. Our students clean the graves of unknown soldiers and participate in patriotic events, such as "Candle of Remembrance," "Immortal Regiment," and "Blockade Bread." Children participate in concerts dedicated to Victory Day. Also, our volunteers take part in humanitarian help to our soldiers, they write our defenders letters and make talismans and nets for them.



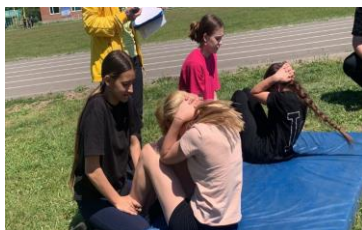
4. Cultural Volunteering.

Pupils help restore books in libraries. Some students are actors of our "School Theater," and they enjoy putting on performances. Many students read poetry in "Living Classics" competition and sing songs in "Carnations of the Fatherland" contest.



5. Sports Volunteering.

Pupils at our school promote a healthy lifestyle and participate in sporting events, such as "Fun Starts," "Ready for Labor and Defence," and "Chess Tournament". Our volunteers also educate other children about harmful effects of bad habits and the benefits of a healthy lifestyle.



Volunteering is very interesting and important, but there are pros and cons.

The pros of volunteering include:

- Meeting new like-minded people and making new friends.
- The opportunity to gain new experiences, improve your skills, and try your hand at something new.
- Satisfying the need to "be good," the opportunity to contribute to the world.
- Expanding your portfolio; for example, on applying to universities and jobs, volunteer experience can be a significant advantage.

The Cons are the following:

- Volunteering is time-consuming and unpaid.
- Potential risk of burnout.
- Increased responsibility.

As we can see, an important function of volunteering is to support vulnerable groups and their social adaptation. Volunteering also promotes free self-expression and social creativity. So, we can conclude that volunteering is work, sometimes it's more significant and difficult than a paid job. But the value of volunteer work is hard to measure, as a person devotes his most important resource to it that's his time.

Vocabulary

charitable work - ['ʃærɪtəbl] - благотворительная деятельность

donate - [dəʊ'neɪt] - пожертвовать

public welfare - ['pʌblɪk 'welfeə] - общественное благополучие

congenial souls - [kən'dʒiːniəl] - близкие по духу люди

waste recycling campaigns - [weɪst riː'saɪklɪŋ kæm'peɪn] - акции по раздельному сбору отходов

dedicated to - ['dedɪkeɪtɪd] - посвященный (чему-либо)

to contribute to - ['kɒntrɪbjʊːt] - приносить вклад (пользу)

burnout - ['bɜːnaʊt] - выгорание, истощение (физическое или моральное)

vulnerable groups - ['vʌlnərəbl] - незащищенные (уязвимые) группы населения

Tasks.

Task I. Read the text. Are the statements below true (T), false (F) or not stated (N/S)? (Прочитай текст. Утверждения ниже являются правдой, ложью, или не упоминались?)

1. Many people become volunteers because they seek communication with congenial souls.
2. Volunteering at Arpachin school is divided into five areas.

3. To preserve the memory of the Great Patriotic War students of Arpachin school attend the Parade at Red Square on Victory Day.
4. In winter the volunteers of "Young Ecologist" group make feed birds in the park.
5. Volunteering does not give you new experiences.
6. Being a volunteer is not an advantage when you get a new job or enter universities.

Task II. Match the areas of volunteering with their activities according to the text. (Соотнесите направления волонтерства с их занятиями согласно теста)

1. Social volunteering	a) educating people about harmful effects of bad habits and the benefits of a healthy lifestyle
2. Environmental volunteering	b) restoring books putting on performances, singing songs in contests
3. Patriotic Volunteering	c) help lonely elderly people with housework
4. Cultural Volunteering	d) cleaning up rubbish in the village park, planting trees
5. Sports Volunteering	e) cleaning the graves of unknown soldiers, participating in concerts dedicated to Victory Day, humanitarian help to our soldiers

Task III. Complete the sentences with the words from the box. There is an extra word. (Заполните предложения словами из рамки. Одно слово лишнее.

campaigns, include, support, common, dedicated, improve, donate, significant, promotes
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1. Volunteering has become a _____ part of the educational process.
2. We launch waste recycling _____.
3. On applying to universities and jobs, volunteer experience can be a _____ advantage.
4. An important function of volunteering is to support vulnerable groups and their social adaptation.
5. Volunteering also _____ free self-expression and social creativity.
6. They are willing to _____ their time, energy, and skills to help those in need.
7. Volunteer groups _____ students of our school.
8. Children participate in concerts _____ to Victory Day.

Task IV. Work in pairs and answer the questions according to the text. (Поработайте в парах и ответьте на вопросы на основании текста)

1. Who are volunteers?
2. What volunteer groups are there at Arpachin school?
3. What are the advantages of being a volunteer?
4. What are the disadvantages of volunteering?
5. What is the main function of volunteering?
6. Why do people become volunteers according to research?

Task V. What is your attitude to volunteering? Would you like to be a volunteer? Why? (5-6 sentences) (Какое ваше отношение к волонтерству? Ты бы хотел стать волонтером? Почему? Расскажите в 5-6 предложениях.)

Keys.

Task I.

1. - T
2. - T
3. - (N/S)
4. - T
5. - F
6. - F

Task II.

1. - c
2. - d
3. - e
4. - b
5. - a

Task III.

1. Volunteering has become a common part of the educational process.
2. We launch waste recycling campaigns.
3. On applying to universities and jobs, volunteer experience can be a significant advantage.
4. An important function of volunteering is to support vulnerable groups and their social adaptation.
5. Volunteering also promotes free self-expression and social creativity.
6. They are willing to donate their time, energy, and skills to help those in need.
7. Volunteer groups include students of our school.
8. Children participate in concerts dedicated to Victory Day.

Task IV. Work in pairs and answer the questions according to the text. (Поработайте в парах и ответьте на вопросы на основании текста)

1. Who are volunteers?

- I think volunteers are people who volunteer for charitable work without receiving money.

2. What volunteer groups are there at Arpachin school?

- As provided by the text, at Arpachin school there are volunteer groups, such as "YunArmiya" ("Young Army"), "Ot serdtsa k serdtsu" ("From Heart to Heart") and "Yunyy Ekolog" ("Young Ecologist")

3. What are the advantages of being a volunteer?

- In my opinion, there are some advantages of being a volunteer, such as meeting new like-minded people and making new friends; the opportunity to gain new experiences, improve your skills, and try your hand at something new; satisfying the need to "be good", the opportunity to contribute to the world; expanding your portfolio, for example, on applying to universities and jobs, volunteer experience can be a significant advantage.

4. What are the disadvantages of volunteering?

- I consider that there are some disadvantages of being a volunteer like increased responsibility; volunteering is time-consuming and unpaid; there is potential risk of burnout.

5. What is the main function of volunteering?

- According to the text, the main function of volunteering is to support vulnerable groups and their social adaptation.

6. Why do people become volunteers according to research?

- As I know from the text, most people volunteer because they seek communication with congenial souls, and another motive is the desire to do good deeds.

Task V. What is your attitude to volunteering? Would you like to be a volunteer? Why? (5-6 sentences) (Какое ваше отношение к волонтерству? Ты бы хотел стать волонтером? Почему? Расскажите в 5-6 предложениях.)

- In my opinion, being a volunteer means making a difference in society. I'd love to volunteer because knowing you're doing something useful makes you feel important. It has a positive impact on your mental health, self-esteem, and self-confidence. It gives you confidence that you can succeed in life. For example, volunteering experience will help in my studies or future work. I think whatever type of volunteering I choose, it will be a great act of kindness for me and for society.

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Volunteering at Rodionovo-Nesvetayskaya School №7



At our school, students from grades 7 to 11 are actively involved in volunteering. Many are members of the "Movement of the First" and the "Yunarmiya" organization. We have our own volunteer team called "The Altruist." The members of this team participate in various campaigns and help at district events.

Every year, "The Altruist" pays a lot of attention to promoting a healthy lifestyle. Volunteers create and print posters and flyers about healthy eating and habits. They hang these mini-posters on school information boards, in classrooms, and around the school entrance. They also organize games about healthy living, lessons on healthy nutrition, and masterclasses on morning exercises for primary school students. As part of the "Healthy Generation is Us" campaign, they handed out booklets about World Health Day to people in the street.

Another important project last year was the "Workshop of Good Deeds." Within this project, students participated in campaigns like "Sorting Plastic Lids," "Making Eco-Friendly Bird Feeders," and "Book Restoration." They also personally prepared packets of porridge for military personnel.

The "Patriots of Russia" team is very active in patriotic work: they write letters to soldiers, weave camouflage nets, and congratulate veterans. They also assemble special survival kits for soldiers and make their own ever-burning matches.

Other important key areas for our volunteers are "History Keepers" and "Eco-Life." They clean up local monuments, help veterans with their gardens, and participate in the collection of waste paper.

A major event last year was their participation in the "Kind Caps" campaign, a Russian eco-charity project. Its goals are to make the world cleaner and to help children in need. The campaign was organized by our school team "The Altruist" together with 4th-grade students «Eaglets of Russia». "Kind Caps" shows that everyone can do good by using simple plastic bottle caps as a valuable resource.

December 5th is a Volunteer Day, a holiday for people with big hearts. And our school is proud to have such children – volunteers who are always ready to help!

VOCABULARY:

a volunteer – добровольный помощник

volunteering - волонтерство

involved – вовлечены, задействованы

to participate – принимать участие

valuable – ценный, полезный

Tasks

1. Vocabulary Match

Match the words with their definitions (Соотнеси слова с их определениями):

Words

1. Volunteer (n)
2. Campaign (n)
3. Patriotic (adj.)
4. Key areas (n)
5. Participate (v)

Definitions

- a) The most important fields or topics of activity.
- b) A planned set of activities designed to achieve a specific goal.
- c) To take part or be involved in an activity.
- d) A person who does something, especially helping others, willingly and without payment.
- e) Having or expressing devotion to and vigorous support for one's country.

2. Fill in the Blanks

Complete the sentences using words below (one word is extra)

(Дополни предложения пропущенными выражениями (одно выражение лишнее))

healthy lifestyle – "The Altruist" – valuable - veterans – "Kind Caps" – posters – December 5th

- a) The school's volunteer team is called _____.
- b) Volunteers print and hang _____ to promote a _____.
- c) The "Patriots of Russia" write letters to soldiers and congratulate _____.
- d) The _____ project collects plastic lids to help the environment and children.
- e) Volunteer Day is celebrated on _____.

3. Complete the Sentences (Present and Past Tenses)

Use the correct present or past tense form of the verb in brackets. (Используй правильную форму глагола в скобках в настоящем и прошедшем времени)

Part A (Present Tense)

- a) Our volunteers often _____ (organize) masterclasses for younger students.
- b) The "Patriots of Russia" _____ (weave) camouflage nets in special workshops after school.
- c) The "Eco-Life" team _____ (help) to clean the environment by recycling paper.
- d) I _____ (believe) that volunteering is very important for our community.

Part B (Past Tense)

- e) Last month, volunteers _____ (participate) in the "Kind Caps" campaign.
- f) Yesterday, the "Patriots of Russia" _____ (write) ten letters to military personnel.
- g) Last week, as part of the "Workshop of Good Deeds," students _____ (make) eco-friendly bird feeders.
- h) She _____ (print) the posters about healthy eating yesterday afternoon.

4. Answer the Questions (ответь на вопросы)

- 1) Who can be a volunteer at the school?
- 2) Name two activities that volunteers do to promote a healthy lifestyle.
- 3) What are the two main goals of the "Kind Caps" project?
- 4) How do volunteers help veterans and the local history?

5. *True or False Statements* (Выбери верное утверждение)

- 1) Only high school students can be volunteers. (True / False)
- 2) Volunteers prepared porridge for soldiers. (True / False)
- 3) The "Kind Caps" campaign was organized only by the 4th-grade students. (True / False)
- 4) Volunteer Day is celebrated on the fifth of December. (True / False)

6. *Critical Thinking: Pros and Cons*

1) List three advantages and three disadvantages of school volunteer programs. (Приведи три преимущества и три недостатка школьных волонтерских программ)

2) Agree or Disagree? (Согласен или не согласен?)

Прочитай следующие утверждения. Выбери одно, с которым ты согласен, и одно, с которым не согласен. Объясни свою позицию.

1. The most important volunteer work is the one that helps people directly (like helping veterans), not the environment.
2. School volunteer programs should be mandatory for all students.
3. Small actions, like collecting bottle caps, can't really change the world.
4. Working with younger students is more beneficial for the school community than cleaning monuments.

7. *Your Project (Speaking)*

Tell about a volunteer project you would like to start at your school (50-70 words). (Расскажи о волонтерском проекте, который ты мог бы начать)

Include:

- Project name
- Who it would help
- What activities volunteers would do

Keys.

1. 1-d, 2-b, 3-e, 4-a, 5-c
2. a) "The Altruist", b) posters, healthy lifestyle, c) veterans, d) "Kind Caps", e) December 5th

valuable – лишнее

3. **Part A:** a) organize, b) weave, c) helps, d) believe
Part B: e) participated, f) wrote, g) made, h) printed

4. 1) Students from grades 7 to 11.
2) They hang posters about healthy eating and organize morning exercise masterclasses.
3) To make the world cleaner and to help children who need support.
4) They clean local monuments and help veterans with their garden work.

5. 1.False
2. True
3. False
4. True

6. Three Advantages (Benefits):

1. Students learn to be responsible and help their community.
2. It brings students of different ages together (like 4th graders and older volunteers).

3. It makes the school and the local area a better, cleaner, and kinder place.

Three Disadvantages (Problems):

1. It can be difficult to find time between lessons and homework.
 2. Organizing events and getting all the materials can be challenging.
 3. It might be hard to motivate all students to participate actively.
- I agree with statement 3 because it teaches students responsibility and empathy from a young age.
 - I disagree with statement 1 because every small action is very important and it contributes to a bigger change.
7. "I would start a project called 'School Buddy Connect'. It would help new students who feel lonely or lost. The volunteers would be friendly students from grades 8-10. Their activities would include giving a small tour of the school, sitting with the new student at lunch for the first week, and helping them with their homework if needed. This would make our school a more welcoming place for everyone."

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The Championship of kindness.

The **volunteers** of school No. 37 in Shakhty have always been keen on **making a** positive **difference** in their community. Last year, volunteer group "We" decided to participate in an annual event known as "The Championship of kindness". This competition encourages young people from different schools **1. _____** through various activities.

One of the highlights of the event was the organisation of clean-up days. Students gathered in local parks and streets, **2. _____**, to pick up litter. It was not only a chance to make their neighbourhoods cleaner but also to raise awareness among residents about the importance of keeping their areas tidy.

Another important part of the Championship was teaching each other valuable skills. The students had the chance to participate in the first aid lessons. These lessons were given by local paramedics **3. _____**. Many students found these lessons empowering, knowing they could help someone in need.

Environmental awareness was also a key theme in the Championship. Workshops were held to discuss ideas about **4. _____**. Pupils learned about recycling, reducing waste, and energy saving. They discussed how small changes in their daily lives could **contribute** to a healthier planet. These discussions inspired several students to start projects in their own homes and schools to reduce their carbon footprint.

Additionally, the Championship included patriotic games, aimed at fostering a sense of community and national pride. These games involved activities that celebrated the local history and the events of the Great Patriotic War. It was an interesting way for students to learn more about their heritage and feel proud of their country.

Generally, participating in "The Championship of kindness" allowed the volunteers to gain valuable experiences and make meaningful changes in their community. They not only developed new skills but also **5. _____** towards a common goal. The event has left a lasting impact on the students, inspiring them to continue volunteering and making a positive **contribution** to society.

VOCABULARY:

to volunteer – добровольно помогать

a volunteer – добровольный помощник

a contribution – вклад; пожертвование

to contribute – делать вклад; жертвовать

to make a difference – делать что-л. значительное, важное

TASKS

1. **Complete the text with the missing expressions (one expression is extra):**

(Дополните текст пропущенными выражениями (одно выражение лишнее))

- A. learned the importance of working together
- B. who volunteered their time to educate young people on how to respond in emergencies
- C. who helped at the local nursing home
- D. to come together and spread goodwill
- E. how to live in the city environmentally friendly
- F. armed with gloves and rubbish bags

2. Match the words with their definitions (one definition is extra):

(Соотнесите слова с их определениями, одно определение лишнее)

Words:

1. to make a difference
2. to volunteer
3. a donation
4. charity
5. to support

Definitions:

- a. a person who freely offers their services to help others or support a cause.
- b. an organisation that helps those in need by providing resources, support, or services.
- c. to assist someone or something by providing encouragement, resources, or help.
- d. a gift given to help others, often in the form of money or items.
- e. to willingly offer your time and skills to help others without expecting payment.
- f. to have a positive impact on someone's life or improve a situation significantly.

3. Rephrase each sentence using one of the phrases on the list, one word is extra: *a volunteer, make a difference, to volunteer, to contribute, charity, a contribution*

(Перефразируйте предложения, используя слова из списка, одно слово лишнее)

1. She decided to help at the charity event.
2. His efforts had a significant impact on the project.
3. She offered her time at the local shelter.
4. He gave his expertise to the team's success.
5. Her donation helped the organisation greatly.

4. Read the statements below and decide if the following information is *TRUE (T)*, *FALSE (F)* or *NOT STATED (N/S)*:

Прочтите приведенные ниже утверждения и решите, является ли приведенная информация *ПРАВДОЙ*, *ЛОЖЬЮ* или *НЕ ЗАЯВЛЕННОЙ*

1. "The Championship of kindness" encourages students to come together and spread goodwill.
2. During clean-up days students picked up litter in their schoolyards.
3. Some students organized eco-projects at their school.
4. The participants of the championship helped homeless animals.
5. This event inspired students to make donations to charity organisations.

5. Tell about a volunteer project you would like to start at your school (50-70 words).

(Расскажи о волонтерском проекте, который ты мог бы начать)

Include:

- Project name
- Who it would help
- What activities volunteers would do

Keys.

1. 1 – D, 2 – F, 3 – B, 4 – E, 5 – A. C – лишнее

2. 1 – f, 2 – e, 3 – d, 4 – b, 5 – c. a – лишнее

3. **charity** – лишнее

1. She decided to be a **volunteer** at the charity event.
2. His efforts **made a difference** to the project.
3. She **volunteered** at the local shelter.
4. He **contributed** his expertise to the team's success.
5. Her **contribution** helped the organisation greatly.

4. 1 – T, 2 – F, 3 – T, 4 – N/s, 5 – F

5. I would start "You are not alone" project. We would visit the elderly people at the local nursing home. Volunteers would help by getting the elderly people the things they need or by reading books to them. This would cheer up the elderly people and help them forget about their loneliness for a while.

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Volunteering in my School.

Volunteering is a way of life, especially relevant now in our difficult time. By taking part in volunteering, you make new acquaintances, you learn something new for yourself, you reveal your talents - you do better than yourself, and everything around you. Involving people in volunteering is better from early age.

At our school Volunteering is an integral part of school life. During the school year our students regularly participates in various charity events. They often go outside the school to pick up trash and rake leaves. One of these events is the community cleanup days, which are held quite frequently in autumn and in spring. In autumn children mainly collect leaves and trash in neighborhood of school. In spring they plant new trees, bushes and flowers. Even in summer students come to school to water the flowers. Students of the 8th or 9th grades, during technology classes, go out into the school yard and water the young oak trees. Maintaining the school territory is essential to preserving the beauty and cleanliness of our wonderful school. This summer, for example, Senior students painted the school fence. Some of them collected trash and dry branches. Everything was done to maintain the well-kept school grounds.

On the eve of the pensioners' Day all students of our school take part in the campaign "Give the warmth to the elderly" and "Old Age with Joy." We visit lonely old people in nursing houses, arrange concerts, make handmade presents, bake biscuits and buy sweet things for them. Students are inspired by communication with pensioners. From personal experience, I can say that especially precisely in our life, volunteers, know that giving good is much more pleasant than receiving it.

Throughout of the year our school helps and supports the soldiers of our Army by collecting necessary things from products up to socks. Underwear, shorts for wounded men at our local hospital are sewn by our girls with the teacher In Technology lessons. Handmade candles are melted by the 7th grade students to lighten the soldiers' dugouts. Knitting nets for our heroes is an important donation of students and teachers. All of us believe in victory and wait for the Peace in the World.

Most of our students are the members of " the Movement of the First." They often participate in various events. For example, meetings with participants of the special military operations, a flash mob for Victory Day on the 9th of May, laying flowers at the grave of the unknown soldier, visiting home front workers and other events. To honor those who died during the Siege of Leningrad the school organizes the campaign "The Bread of the Siege of Leningrad". 125gram pieces of bread are given to the students on the 27th of January. Such events help us not to forget about hardships and courage of people in the history of our country. The school hosted "Return a Hero's Name" campaign when people clean up old cemeteries and take care of the tombs of Soviet soldiers.

Volunteering is the gratuitous act of helping someone or something. We must strive to make volunteering popular not only in schools and other educational institutions, but in society as a whole. I can proudly say that volunteers are people worthy of respect. They serve as an example for others. Perhaps this will help make the world a slightly better place.

Pay attention to the new words and word expressions:

1. make new acquaintances – завести новые знакомства
2. reveal your talents – развивать свои таланты
3. quite frequently – довольно часто
4. Maintaining the school territory – содержание школьной территории
5. dugouts – блиндажи
6. gratuitous – бесплатный
7. strive – пытаться
8. a slightly better place - немного лучшее место



Tasks.

Task 1. Read the sentences and mark them as True (T) or False (F). (Прочитайте предложения и отметьте какое утверждение является Правдой или Ложью).

1. Community cleanup days are held in the fall and spring.
2. Students never water the trees at school.
3. The class painted the school fence in summer.

4. The "The Movement of the First" is mentioned as a sport competition.
5. The text says that volunteering should be popular in society.

Task 2. Complete the sentences. Choose the correct word. (Завершите предложения. Выберите нужное слово)

1. Volunteering is an _____ part of school life.
a) unnecessary
b) integral
c) boring
2. During technology class, students watered young _____ trees.
a) pine
b) oak
c) apple
3. In summer, the class painted the school _____.
a) wall
b) floor
c) fence
4. For "Return a Hero's Name" people cleaned up _____.
a) school yard
b) city's monuments
c) cemetery
5. Volunteering is described as a _____ act of helping someone or something.
a) selfish
b) gratuitous
c) temporary

Task 3. Match two columns. Find the definitions for the words from the first column.

(Соедините слова из двух колонок. Найди определения к словам из первой колонки).

1. dugouts
 2. gratuitous
 3. reveal your talents
 4. make new acquaintances
 5. Maintaining the school territory
 6. quite frequently
 7. strive
-
- a) Make an effort
 - b) very often
 - c) make new friends
 - d) taking care of the school yard
 - e) houses under the ground
 - f) develop your abilities
 - g) complimentary, free

Task 4. Find and write out sentences with Passive Voice from the text. (Найди и выпиши предложения с Пассивным Залогом из текста).

Task 5. Practice your writing skills by discussing the questions below. 50-60 words (Попрактикуйся в письме, обсуждая следующие вопросы, 50-60 слов)

- a) Is volunteering worth the time it takes?
- b) What personalities and qualities are required for being a volunteer?
- c) What could you do to help if you had no money?

Keys.

Task 1. T, F, T, F, T

Task 2. B, B, C, C, B

Task 3. 1-e. 2-g. 3-f. 4- c. 5-d. 6-b. 7-a.

Task 4.

- 1. Students **are inspired** by communication with pensioners.
- 2. Underwear, shorts for wounded men at our local hospital **are sewn** by our girls with the teacher In Technology lessons.
- 3. Handmade candles **are melted** by the 7th grade students to lighten the soldiers' dugouts.
- 4. 125gram pieces of bread **are given** to the students on the 27th of January.

Task 5.

1. Is volunteering worth the time it takes?

Yes it is. I believe it is more of two ways relation where the more you give, the more you gain. There is so much of experience that comes along with it, so much you get to learn and so much of excitement that it makes up for the effort it takes.

2. What personalities and qualities are required for being a volunteer?

I think the first and most important quality of a volunteer is enthusiasm. They must be energetic and interested in what they are doing. Besides, they should not think about money because they don't normally get paid when joining voluntary programs.

3. What could you do to help if you had no money?

Helping has nothing to do with money. Maybe I cannot give someone the money but I can surely give what I have, like my knowledge, my experience, the things that I have learnt. It is great to be able to share your knowledge and for the one who receives it, it is surely a pure joy.

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"Volunteering at My School"

Volunteering has become an integral part of life at our school. The student-led initiative "Hearts of Gold" offers students from grades 5 to 11 numerous opportunities to get involved and make a positive impact on the community.

Our volunteers are engaged in a variety of activities. Firstly, they organize charity drives, such as collecting recyclables to protect the environment, gathering food and supplies for a local animal shelter, and donating books and toys to a children's hospital. Secondly, they visit a local retirement home to spend time with the elderly, organizing concerts and simply having conversations. Furthermore, volunteers play a crucial role within the school itself by mentoring younger students and helping teachers during major school events like the "Knowledge Day" and graduation ceremonies.

Becoming a volunteer is simple. The only requirements are a willingness to help, a kind heart, and some spare time. The benefits are mutual: while the community receives essential support, the volunteers themselves develop valuable skills like teamwork, leadership, and responsibility. It is a rewarding experience that fosters new friendships and a sense of purpose.

Community - сообщество (местное, школьное и т.д.)

Charity drive - благотворительная акция / сбор пожертвований

Retirement home - дом престарелых

Crucial - ключевой, решающий

Rewarding - полезный, вознаграждающий (ощущением пользы)

To mentor - быть наставником, опекать

To foster - способствовать развитию, питать, поощрять (например, дружбу)

To make a positive impact - оказывать положительное влияние

Tasks

1. Ответьте на вопросы по тексту (Answer the questions based on the text)

1. What is the name of the volunteering initiative at the school?
2. Who can participate in the "Hearts of Gold" program?
3. List three main areas of volunteer activity mentioned in the text.
4. What are the personal benefits of volunteering for the students?

2. Прочитайте утверждения. Отметьте, являются ли они верными или неверными. Исправьте неправильные предложения (Read the statements and mark them True (T) or False (F) according to the text. Correct the false statements.)

- a) Volunteers are paid for their work.
- b) One of the activities is helping at a local animal shelter.
- c) Volunteers only do activities outside of the school.
- d) The requirements to become a volunteer are very strict.

3. Найдите в тексте английские эквиваленты для следующих слов и фраз. (Find the English equivalents in the text for the following words and phrases:)

- 1) Неотъемлемая часть
- 2) Воздействие, влияние
- 3) Благотворительные акции
- 4) Приют для животных
- 5) Играть ключевую роль
- 6) Наставничать, быть наставником
- 7) Взаимный
- 8) Чувство цели

4. Заполните пробелы правильным словом из поля ниже. (Fill in the gaps with the correct word from the box below)

rewarding · spare · crucial · purpose · foster
--

Volunteering is a truly _____ experience that makes you feel good.

The volunteers _____ a sense of community within the school.

They play a _____ role in organizing the event.

You need some _____ time to become a volunteer.

Helping others can give you a strong sense of _____.

5. Что вы думаете по поводу этого утверждения? Напишите свой ответ и приведите два аргумента, объясняющие вашу точку зрения. What is your opinion on the following statement? Write a response and provide two arguments to explain your point of view.

"The personal benefits of volunteering (like gaining skills and experience) are more important than the help it provides to the community."

Keys

1. Answer the questions based on the text.

1. The volunteering initiative is called "Hearts of Gold".
2. Students from grades 5 to 11 can participate.
3. Three main areas of activity are:
 - 1) Organizing charity drives (e.g., collecting recyclables, helping an animal shelter, donating to a children's hospital).
 - 2) Visiting a retirement home and organizing activities for the elderly.
 - 3) Helping within the school (mentoring younger students, assisting teachers with events).
4. The personal benefits are: developing valuable skills (teamwork, leadership, responsibility), fostering new friendships, and gaining a sense of purpose.

2. Read the statements and mark them True (T) or False (F) according to the text. Correct the false statements.)

- a) False. (Volunteers are not paid; it's voluntary work).
- b) True.
- c) False. (They also do activities within the school, like mentoring and helping with events).
- d) False. (The requirements are simple: a willingness to help, a kind heart, and some spare time).

3. Find the English equivalents in the text.

- 1) Неотъемлемая часть - an integral part
- 2) Воздействие, влияние - impact
- 3) Благотворительные акции - charity drives
- 4) Приют для животных - animal shelter
- 5) Играть ключевую роль - play a crucial role
- 6) Наставничать, быть наставником - mentoring
- 7) Взаимный - mutual
- 8) Чувство цели - sense of purpose

4. Fill in the gaps.

Volunteering is a truly rewarding experience that makes you feel good.

The volunteers foster a sense of community within the school.

They play a crucial role in organizing the event.

You need some spare time to become a volunteer.

Helping others can give you a strong sense of purpose.

Of course. Here is a response written for an 8th-grade student.

5. What is your opinion on the following statement? Write a response and provide two arguments to explain your point of view.

I disagree with the statement. I believe that the help volunteering provides to the community is more important than the personal benefits. Here's why:

The main point is to help. Volunteering exists because there are problems that need to be solved, like cleaning up a park or helping people who are hungry. If we only volunteered for the skills, people might only choose fun jobs that look good on a resume, and important but less "exciting" work wouldn't get done. The community's need should come first.

It creates a better world for everyone.** The skills you gain only help you. But when you help your community, you improve life for *everyone* around you. A cleaner, safer, and more educated community benefits all its members, including you and your family. That large-scale impact is more powerful than one person's new skill.

In conclusion, but the real heart of volunteering is making a difference for others.

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“Volunteers at the Kolodezyanskaya School”

Volunteering in Russian schools is becoming increasingly popular. “Dobro” centers are being established at schools and educational institutions because volunteer activities are an important part of the educational process.

Some areas of volunteering work at schools:

Patriotic. The formation of an active civic position, a sense of patriotism, and respect for the country's history takes place through local history activities, “Talks about important Things” and maintenance of the condition of monuments to the fallen heroes.

Event-driven. Students help to organize public events, holidays and promotions. It helps to develop communication skills, kindness and respect for others.

Ecological. Forming an environmental culture among schoolchildren consists of holding subbotniks, collecting waste paper and planting trees.

Social. Students take care of war and combat veterans, help the elderly, needy people and animal shelters.

Our Kolodezyanskaya school has a volunteer group “Dobrovolets”, which organizes and implements events in various fields. Each volunteer has been registered on “Dobro.RF”.

In the 2024-2025 academic year, the volunteer team worked under the motto “Let's Make the World Kinder”, with the goal of fostering high moral values among teenagers and participating in socially significant projects such as: “No one left Behind”. This is assistance in collecting, sorting, and packing humanitarian aid at a collection point for transfer to the SWO zone. The volunteers made trench candles, collected humanitarian aid, wrote letters, and delivered them to the defenders of their homeland in the SWO.

Cleaning up the territory of the Memorial to fallen fellow countrymen and improving the memorial places are just a few of the ways in which the students express their gratitude to those who gave their lives for a peaceful future.

One of the most visible volunteer activities in the village Kolodezi is the maintenance and rehabilitation of public spaces. Volunteers have coordinated efforts to clean and restore village areas, playgrounds, and the small park. These projects often demand the clearing

overgrown vegetation, repairing benches and fences, painting public buildings, and planting trees and flowers. Such visible improvements increase residents' pride in their village and create safer, more attractive places for children and elders to gather.

As part of their volunteering, students participated in the All-Russian Subbotnik Week "We are for Cleanliness" by holding "Clean Yard-Clean Village" event.

Volunteers cleaned up the area around the school and its neighbourhood.

Participation in the "Garden of Memory" campaign, during which the Dobrovolets Volunteer Group planted a birch park in honor of the 80th anniversary of Victory.

Guiding excursions at the school museum, preparing and conducting concerts for holidays are also the responsibility of the volunteers. The school volunteers cooperate with the F.A. Kravchenko Rural House of Culture in Kolodezi.

Our volunteers take an active part in sport events for the honor of the school, village, district, and region.

It is especially nice to have people in our school who are ready to help. There are the most active members among the volunteers in our school. Solovyova Alexandra, as an active volunteer, participated in the regional festival "DobroFest" in Rostov-on-Don.

The volunteer movement shows that more and more people are joining volunteer initiatives every year, giving us hope for a more just and caring society. Volunteers have a special power in their hearts - the ability to give warmth and care without expecting any reward, which makes their actions especially valuable.

Words for understanding:

maintenance - поддержка;

to restore - восстанавливать;

increasingly - возрастающий;

civic position - гражданская позиция;

Event - driven - Событийное;

promotion - способствование, поощрение;

implement - осуществлять, выполнять;

fostering - способствование.

Tasks

1. Match the words:

Соподнесите слова:

1. significantA people
2. humanitarian.....B efforts
3. coordinate.....C trench candles
4. clearing.....D aid
5. madeE movement
6. volunteer.....F overgrown vegetation
7. needy.....G project

2. Read the text and mark the sentences T(true) or F (false)

Читайте текст и отметьте предложения Т(верно), F(неверно)

1. There are several areas of volunteer work. _____
2. Volunteer work doesn't affect on the development of positive qualities. _____
3. Volunteers take part in useless projects. _____
4. Volunteers clean their school and its surroundings. _____
5. Day by day, the volunteer movement is on the rise. _____

3. Fill in the correct word. There is an extra word:

Вставьте необходимое по смыслу слово. Одно слово лишнее:

forces, shows, surrounding, establishment, involved, provides.

1. "Dobro" centers have appeared at schools and educationalbecause volunteer activities are an important part of the educational process.
2. Our school has a volunteer group "Dobrovolets", which organizes and events in various fields.
3. Volunteers made to clean and restore village areas, playgrounds, and the small park.
4. Volunteers cleaned up the area near the school and its
5. The volunteer movement shows that more and more people are volunteer initiatives every year.

4. Put the sentences in a logical order:

Поставьте предложения в логическом порядке:

- A. Volunteer Group planted a birch park in honor of the anniversary of Victory.
- B. It is especially nice to have people in our school who are ready to help.
- C. Students help to organize public events, holidays and promotions.
- D. Each volunteer has been registered on "Dobro.RF."
- E. The volunteer movement shows that more and more people are joining volunteer initiatives every year.

1. ____c____ 2. ____d____ 3. ____a____ 4. ____b____ 5. ____e____

5. Tell us about the volunteer activities you've participated in.

Расскажи в каких волонтерских мероприятиях ты участвовал.

Keys.

1.

1. G; 2.D; 3.B; 4.F; 5.C; 6.E; 7.A.

2.

1. T; 2. F; 3. F; 4.T; 5.T.

3.

1. establishments
2. provides
3. forces
4. surrounding
5. Involved

4.

1. C; 2.D; 3.A; 4.B; 5. E.

5.

As far as I'm concerned, volunteering is very important. That's why my classmates and I are members of the volunteer organization " Dobrovolets". The most of all we join environmental clean-up activities. We are engaged in collecting garbage and planting trees. In future, I think to expand my assistance in other areas of activity.

Полоскова Александра Сергеевна, учитель английского языка МБОУ г. Ростова-на-Дону «Гимназия №117»

Volunteers of the Don Region: Hearts of Gold

Charity (благотворительность) – voluntary giving of help to those in need.

To tackle (решать проблему) – to make a determined effort to deal with a problem.

Elderl (пожилые люди) – old people.

Fundraising (сбор средств) – the activity of collecting money for a charity or project.

Unity (единство) – the state of being joined together or in agreement.

Campaign (кампания, акция) – a planned set of activities designed to achieve a specific goal.

Essential (необходимый) – absolutely necessary; extremely important.



The spirit of volunteering, or *dobrovolchestvo*, is thriving in the Rostov region. It is a powerful force that unites people from all walks of life: businessmen, students, teachers, and retirees. Their goal is simple yet profound: to make the Don land a better, kinder place for everyone. This activity is supported by laws and coordinated by the "Donvolonter" Center, which works under the region's Youth Policy Committee.

What do these volunteers do? Their work is incredibly diverse. A significant part of their efforts is dedicated to our heroes. They provide constant support to veterans of the Special Military Operation (SVO) and families of fallen soldiers, ensuring they feel the gratitude and care of the nation. Furthermore, they never forget the veterans of the Great Patriotic War, helping them with household chores, providing medical aid, and, most importantly, offering companionship and preserving their invaluable stories for future generations.

However, the scope of their activities is much wider. Environmental campaigns are very popular. Every spring and autumn, hundreds of volunteers participate in "Green Marathons," planting trees in city parks, squares, and along the banks of the Don River. They also organize clean-up days, collecting tons of garbage from coastal areas and forests, proving that caring for nature is everyone's responsibility.

Another vital direction is social volunteering. Volunteers regularly visit nursing homes and orphanages. They organize concerts, masterclasses, and simply communicate with the residents, giving them their time and attention, which is sometimes even more valuable than

material help. Animal shelters also rely on the help of volunteers who walk dogs, help with cleaning, and find new homes for homeless pets.

A great example of unity is the work of the 26 "Dobro.Centres" and 47 municipal resource centres located throughout the region. These centres act as hubs for all volunteering initiatives. They train new activists, organize large-scale fundraising campaigns for sick children, and collect humanitarian aid for those in need. For instance, during the recent floods, it was the volunteers who were among the first to organize the collection and distribution of essentials like food, water, and clothes to the affected families.

Why do people become volunteers? The motivations are different for everyone. For some, it is a civic duty and a desire to be useful. For students, it is a chance to gain new skills and experience for their future careers. For others, it is a deep personal need to help and share kindness. But they all agree on one thing: the reward is the sincere gratitude in the eyes of the people they help and the understanding that they are making a real difference.

In conclusion, the volunteer movement in the Rostov region is not just about individual acts of kindness. It is a large, well-organized network of compassionate people. They are the true "hearts of gold" of the Don region, demonstrating that by joining forces, we can tackle any social challenge and build a more harmonious society, one good deed at a time.

Assignments for Students (Задания для учащихся)

Задание 1 (Task 1). Найдите в тексте и запишите английские эквиваленты следующих слов и выражений.(Find the English equivalents for the following words and phrases in the text.)

1. Пожилые люди
2. Сбор средств
3. Решать проблему
4. Благотворительность
5. Необходимый

Задание 2 (Task 2). Ответьте на вопросы по содержанию текста.(Answer the questions based on the text.)

1. What is the name of the main center that coordinates volunteering in the Rostov region?
2. Name three main areas of volunteer activity mentioned in the text.
3. Why are "Dobro.Centres" important for the volunteer movement?

Задание 3 (Task 3). Определите, являются ли следующие утверждения верными (True), ложными (False) или в тексте нет информации (Not Stated).(Decide if the following statements are True, False, or Not Stated.)

1. Only young people and students are involved in volunteering in the Rostov region.
2. Volunteers help both veterans of the Great Patriotic War and the Special Military Operation.
3. "Green Marathons" are organized to clean up garbage from forests.
4. There are more than 50 "Dobro.Centres" in the region.
5. Volunteers receive a high salary for their work.

Задание 4 (Task 4). Составьте план текста, выделив его основные смысловые части (4-5 пунктов).(Make a plan of the text, highlighting its main ideas (4-5 points).)

Задание 5 (Task 5).

Напишите короткое эссе (15-20 предложений) на тему: «Почему волонтерство важно для современного общества?». Выразите своё мнение, используя информацию из текста и собственный опыт.

(Write a short essay (15-20 sentences) on the topic: "Why is volunteering important for modern society?" Express your opinion using the information from the text and your own experience.)

Keys.

1:

1. the elderly
2. fundraising
3. to tackle
4. charity
5. essential

2:

1. The "Donvolonter" Center (Don Volunteer Center).
2. (Possible answers) Supporting veterans (SVO and WWII), environmental campaigns (planting trees, clean-up days), social volunteering (helping in nursing homes, orphanages, animal shelters).
3. They are important because they act as hubs for initiatives, train new activists, and organize large-scale campaigns.

3:

1. False (The text says it unites people from all walks of life: businessmen, students, teachers, and retirees).
2. True.
3. False ("Green Marathons" are for planting trees; clean-up days are for collecting garbage).
4. False (There are 26 "Dobro.Centres").
5. False (Volunteering is unpaid; the reward is gratitude and making a difference).

4:

1. Introduction: The spirit of volunteering in the Rostov region and its legal support.
2. Key areas of volunteer work: Helping veterans and their families.
3. Environmental and social volunteering.
4. The role of "Dobro.Centres" and resource centers.
5. Motivations of volunteers and the conclusion about the importance of the movement.

5:

Эссе должно содержать введение (формулировка тезиса), основную часть (2-3 аргумента с примерами из текста и/или личного опыта) и заключение. Учащийся должен выразить своё мнение, используя соответствующую лексику (e.g., In my opinion..., I believe that..., Firstly..., Moreover..., Finally..., In conclusion...).

Аргументы из текста: unites people, solves social problems, helps vulnerable groups (veterans, elderly), protects the environment.

Возможные личные аргументы: develops personal skills (communication, teamwork), makes society more compassionate, gives a sense of purpose.

Заключение: Волонтерство является essential частью здорового общества, так как оно укрепляет social ties и делает мир добрее.

“Navigators of Good” 9-11 класс

Volunteering is a state of mind. Anton Chekhov also said this phrase: "Behind the door of every contented and happy person, there should be someone with a hammer and a constant knocking to let you know that there are unhappy people in the world." And it is really, in the rush of everyday worries and problems, we pass by those who really need help. They can be old people, children, and stray animals.

So with the aim of promoting kindness, peace, light, and all the most humane qualities that every person should possess “the Navigators of Good” volunteer group was created at Gymnasium No. 117. Children who are not indifferent to other people's problems joined this group: children who are honest, with a big, kind heart, who are ready to help everyone, and they really do help. For the second year, our volunteer group has been active, and we have done a lot: we visited an oncology hospital where children with serious illnesses are located. We held workshops and games there, and with the help of parents and teachers, we collected toys for children. Before the New Year, we organized a campaign called "Congratulations from Father Frost and Snegurochka," during which we visited a hospital where sick children were staying and prepared a special program for them. We also organized a program for the Baby Home, where abandoned children were staying. These are very young children who were abandoned in the hospital and have no mother or father. In order to cheer them up on New Year's Eve, so that they could feel a little bit of warmth and kindness, our caring children from the volunteer group played with them, gave them gifts, balloons, and, of course, their love.

Then we visited the Medical Rehabilitation Center, where elderly people are currently staying: some are undergoing treatment, and some are living there, it is some kind of a nursing home. It was a very touching program, and some of our volunteers even started crying. The girl who sang the song was crying, and the elderly women were crying with her too, it was so touching. We understand that our volunteers are children first of all, and we tell them, "If it's hard for you, if it's difficult for you morally (and it's always very emotional, because volunteering needs to be passed through yourself, through your heart), you can leave the team, and that's okay," but no one ever wanted to do that.

Over the past two years, we've built a large team that continues growing. Children become kinder, and they empathize with the problems of others. Volunteers also regularly help homeless animal shelters, of course too. With the help of the parent community and teachers, we collect aid for the SVO, the children pack everything themselves, and write letters. The letters are incredibly touching and filled with vivid emotions. The children empathize and grow up with the right thoughts and feelings. It's great when there's such unity, and children even start helping each other more, as well as the people we help and the animals.

We want to see as many happy people as possible in the world, and that's why we created a volunteer movement at our establishment.

Indifferent – безразличный, abandoned – брошенный, nursing home – дом престарелых, лечебница, empathize – сопереживать, vivid – живой.



1. Множественный выбор/Multiple Choice

Выберите правильный ответ из предложенных/Choose the correct answer (a, b, c, or d).

1. The volunteer group "Navigators of Good" was created to promote...
 - a) academic excellence.
 - b) kindness, peace, and humane qualities.
 - c) sports and competition.
 - d) artistic talents.
2. Where did the volunteers hold workshops and games?
 - a) At a baby home for abandoned children.
 - b) At a nursing home for the elderly.
 - c) At an oncology hospital for children.
 - d) At a homeless animal shelter.
3. What was the name of the New Year's campaign?
 - a) "Gifts for Everyone"
 - b) "New Year's Unity"
 - c) "Congratulations from Santa Claus and the Snow Maiden"
 - d) "Warmth and Kindness"
4. Why was the program at the Medical Rehabilitation Center so touching?
 - a) Because the children received many toys.
 - b) Because both the volunteers and the elderly people were moved to tears.
 - c) Because it was a very funny performance.
 - d) Because they collected a lot of money.
5. Besides helping people, the volunteers also regularly help...
 - a) local businesses.
 - b) homeless animal shelters.
 - c) other schools.
 - d) the city government.

2. Верно/неверно/не сказано. True / False / Not Stated

Прочитайте предложения и отметьте их как: /Read the statements and mark them as:

Верно · T (True) - if the statement agrees with the text.

Неверно · F (False) - if the statement contradicts the text.

Не сказано · NS (Not Stated) - if there is no information about this in the text.

1. The volunteer group was created by the school's teachers only.
2. The children collected toys for the patients at the oncology hospital.
3. The "Baby Home" is a place for children with serious illnesses.
4. The volunteers are forced to stay in the group even if they find it emotionally difficult.
5. The children write letters to the soldiers as part of their aid for the SVO.
6. The volunteer group is getting smaller every year.

3. Закончите предложения/ Complete the Sentence

Закончите предложения, используя информацию из текста/Finish the sentences using the information from the text.

1. Anton Chekhov believed that every happy person should be reminded that...
2. The children in the volunteer group are described as honest and with...
3. The abandoned children at the Baby Home have no...
4. The volunteers help the elderly at the...
5. The author believes it's great to see such unity, as the children start helping each other more, as well as...

4. Ответьте на вопросы/Answer the Questions

Ответьте на следующие вопросы, опираясь на информацию в тексте/Answer the following questions based on the text.

1. What is the main purpose of the "Navigators of Good" volunteer group?
2. What three specific places have the volunteers visited to help people?
3. How did the volunteers support the children at the Baby Home?
4. What is the leaders' attitude towards volunteers who find the work emotionally difficult?
5. According to the text, what positive changes do the volunteers experience?

5. Расскажите о волонтерстве/Talk About Volunteering

Используйте подсказки ниже, чтобы рассказать 10-15 предложений о волонтерстве/Use the prompts below to speak (10-15 sentences) about volunteering.

- What is volunteering? (helping others without payment)
- Why is it important? (makes the world kinder, helps those in need)
- What kinds of volunteering are mentioned in the text? (helping sick children, abandoned babies, the elderly, animals, soldiers)
- What personal qualities can volunteering develop? (kindness, empathy, a sense of unity)
- Would you like to join a volunteer group? Why/why not? What could you do?

Keys

1. Multiple Choice

1. b
2. c
3. c
4. b
5. b

2. True / False / Not Stated

1. F (It was created at the gymnasium, but the text doesn't say it was created by the teachers only; children joined it.)
2. T
3. F (It is for abandoned children, not specifically those with serious illnesses.)
4. F (They are told they can leave if it's too hard.)
5. T
6. F (The team continues to grow.)

3. Complete the Sentence

1. ...there are unhappy people in the world.
2. ...a big, kind heart.
3. ...mother or father.
4. ...Medical Rehabilitation Center.
5. ...the people we help and the animals.

4. Answer the Questions

1. The main purpose is to promote kindness, peace, light, and the most humane qualities in people.
2. They have visited an oncology hospital for children, a Baby Home for abandoned children, and a Medical Rehabilitation Center for the elderly.
3. They played with them, gave them gifts, balloons, and showed them love to cheer them up.
4. They are understanding and tell the children that it is okay to leave the team if they find it morally difficult.
5. They become kinder, learn to empathize with others' problems, and grow up with the right thoughts and feelings. They also start helping each other more.

5. Example Answer:

Volunteering is the act of helping others without expecting any payment in return. It is a selfless activity where people give their time and energy to make the world a better place.

I believe volunteering is very important for several reasons. Firstly, it provides crucial support to people and animals who are in difficult situations, such as the sick children, abandoned babies, and the elderly mentioned in the text. Secondly, it makes our society kinder and more compassionate. When we help others, we spread positive emotions and show that we care.

The text describes many different kinds of volunteering. The "Navigators of Good" group helps children in oncology hospitals and baby homes, they visit the elderly in a rehabilitation center, they support homeless animal shelters, and they even pack aid and write letters to soldiers. This shows that there are many ways to contribute.

By doing this work, volunteers develop important personal qualities. They become more kind, empathetic, and responsible. They learn to understand the problems of others and grow up to be caring adults. The text also mentions that volunteering creates a strong sense of unity among the children.

As for me, I would really like to join a volunteer group. I think it is a very rewarding experience. If I had the chance, I would love to help animals in a shelter by playing with them or helping to clean their spaces. I would also be happy to organize games for children in a hospital to bring them some joy. I believe that even a small act of kindness can make a big difference in someone's life.

«Volunteering in Gymnasium 12»



In the modern world, where young people are increasingly moving away from their historical roots, the patriotic education of the younger generation is becoming particularly important. That is why Gymnasium 12 has organized a volunteer movement aimed at preserving the memory of the Great Patriotic War. Its main goal is to maintain the historical memory of the Great Patriotic War and to foster a respectful attitude among schoolchildren toward the heroic past of our country.

School volunteers actively participate in various socially significant projects. Activists from children's associations in the district hold an annual event called "St. George Ribbon." St. George's ribbons and greeting cards, which were lovingly made by primary school students, are presented to the residents. Each strip of the St. George ribbon—black as the smoke of war, orange as the flame of Victory—reminds us of the thousands of lives given for our future.

High school volunteers actively direct their efforts toward younger students and conduct various lessons in primary schools. Every January, gymnasium volunteers hold a memorial event called "Blockade Bread." This event recalls the courage and perseverance of Leningrad's civilians during the Great Patriotic War. Activists prepare and share information about the siege of Leningrad. Our volunteers also conduct guided tours of the school museum, where children can learn about Rostov-on-Don and the heroic past of the city. As part of the Spring Week of Kindness, an event dedicated to the 80th anniversary of Victory was held — a meeting of volunteers with Galina Petrovna Nikanorova, the wife of a war veteran. On the morning of May 2, 1945, he wrote on the wall of the Reichstag: "Nikanorov from Rostov." He was awarded medals for "Bravery," "For the Liberation of Warsaw," "For the Capture of Berlin," and many others. The children listened to their guest with great interest. She presented the gymnasium with a photo of Nikanorov Grigory Grigorievich from the war years.

In addition to educational activities, the volunteers also engage in practical activities. The volunteers of "Impulse" help labor veterans and veterans of the Great Patriotic War. On the eve of the holidays, they visit veterans, assist them with grocery shopping, and simply provide the warmth of live communication—listening to their stories and sharing theirs. At Gymnasium 12, students, volunteers, and parents regularly collect humanitarian aid for the soldiers of the Special Military Operation. The kids bring sweets, personal hygiene items, and canned food. Primary school students write congratulatory letters, in which they wish our soldiers health, victory, and a swift return home. High school students involve their teachers in volunteer activities as well. Thus, they jointly wove camouflage nets as part of the "Good Saturday" campaign at the Rostov State University of Economics.

The volunteer movement continues to actively develop, attracting more and more students. It is becoming not just a form of social work but an important tool for fostering citizenship and patriotism among modern schoolchildren. Each participant in the movement contributes to preserving the historical memory of the Great Patriotic War and strengthening the bond between generations.

Glossary

Civilians – мирные жители

Jointly – совместно

Preserve – сохранять

Siege – осада

To foster – воспитывать

TASKS

№1. Match the headings to the paragraphs of the text. Соподнесите заголовки с абзацами текста.

- A. More than social work
- B. School Volunteers and Their Colorful Crafts
- C. Patriotic Education and Youth Challenges
- D. Volunteer Support: Helping Veterans and Soldiers
- E. School Museum Tours and Spring Activities

№2. Answer the questions. Ответьте на вопросы.

- 1. What are some of the activities that the school volunteers participate in to preserve the memory of the Great Patriotic War?
- 2. How do the high school volunteers engage with the younger students at the school?
- 3. What specific event did the volunteers organize to commemorate the 80th anniversary of the Victory in the Great Patriotic War?
- 4. How do the volunteers provide practical assistance to war veterans?
- 5. What types of humanitarian aid do the students at Gymnasium 12 collect for the soldiers of the Special Military Operation?

№3. Mark the statements as *True*, *False* or *Not stated*. Скажите, верны или не верны приведённые утверждения, либо о них не сказано.

- 1. Volunteers at Gymnasium 12 only work with high school students;
- 2. The wife of a war veteran visited the gymnasium to share stories and photos from the war;
- 3. Volunteers at Gymnasium 12 assist veterans with cleaning their homes and gardening;
- 4. The volunteer movement is planned to be paused soon;
- 5. Only students participate in volunteer activities.

№4. Complete the sentences. Закончите предложения.

- 1. The main goal of the volunteer movement at Gymnasium 12 is _____.
- 2. St. George's ribbon is black and orange to symbolize _____.
- 3. During the "Blockade Bread" event, students learn about _____.
- 4. Volunteers at Gymnasium 12 also help labor veterans by _____.
- 5. Students and parents collect _____.

№5. Talk about a volunteer project you took part in (5-6 sentences). Расскажите о волонтерском проекте, в котором вы участвовали (в 5-6 предложениях).

Keys

№1.

1 – C ; 2 – B ; 3 – C ; 4 – D ; 5 – A

№2.

1. The school volunteers participate in annual actions like "St. George Ribbon," where they distribute ribbons and greeting cards to the residents, and "Blockade Bread," which recalls the courage and perseverance of Leningrad's civilians during the war. They also conduct guided tours of the school museum to educate children about the history of Rostov-on-Don.
2. The high school volunteers actively direct their work to the younger students, conducting various lessons in the primary school.
3. The volunteers organized a meeting with Galina Petrovna Nikanorova, the wife of a war veteran, to commemorate the 80th anniversary of the Victory in the Great Patriotic War.
4. The volunteers of the "Impulse" group help labor veterans and veterans of the Great Patriotic War with grocery shopping and provide them with the warmth of live communication.
5. The students at Gymnasium 12 collect sweets, personal hygiene items, and canned food as humanitarian aid for the soldiers of the Special Military Operation. The primary school students also write congratulatory letters wishing the soldiers health, victory, and a safe return home.

№3.

1. False
2. True
3. Not stated
4. Not stated
5. False

№4.

1. to preserve the memory of the Great Patriotic War;
2. the smoke of war and the flame of Victory;
3. the siege of Leningrad;
4. grocery shopping and talking to them;
5. sweets, personal hygiene items, and canned food.

№5.

Last summer, I had the chance to take part in an important volunteer project at a local historical museum. Our main job was to help restore and organize old photographs and documents from the museum's archives.

While working with skilled archivists, I learned how to carefully handle fragile historical materials and found fascinating stories hidden in each item. One of the most memorable moments was when we discovered a collection of letters from World War II. We later digitized these letters to make them available for researchers and the public.

This experience not only taught me valuable skills in preservation and documentation but also deepened my appreciation for history and the importance of keeping our past safe. Working together with other volunteers from different backgrounds enriched my understanding of teamwork and the value of collective effort.

Николаева Элеонора Леонидовна, советник директора по воспитанию и взаимодействию с детскими общественными объединениями, учитель английского языка, МАОУ г. Ростова-на-Дону «Юридическая гимназия 9 имени М.М. Сперанского»

Volunteering at M.M. Speransky Law Gymnasium No. 9

At M.M. Speransky Law Gymnasium No. 9 in Rostov-on-Don, volunteering has become an important and inspiring part of school life. Over the past three years, our students have proved that kindness, compassion, and readiness to help others are not just words but a real life philosophy.

The volunteer community of our gymnasium began with the group “From Heart to Heart”, where students took their first steps in helping people, learning to show care and support for those in need. Over time, the movement grew and received a new name – “Law Compass”. The name is symbolic: our volunteers strive not only to do good deeds but also to help others navigate the world of law, fairness, and civic responsibility.

During these three years, our volunteers have joined and organized many meaningful projects and events:

- “Gymnasium Students Against Drugs” – a preventive campaign promoting a healthy lifestyle.
- “Pulse of Kindness” and the “City of Good Deeds” Festival – platforms for experience sharing and inspiration.
- Humanitarian aid collections for participants of special military operations – a sign of patriotism and civic duty.
- “Lesson of Kindness” – students wrote letters of support to one another, building friendship and understanding.
- “Give a Book – Give the World” – an action uniting book lovers and new readers.
- “How Can I Help a Person with Disabilities?” – a step toward respect and empathy for people with special needs.
- Greeting WWII veteran Alexandra F. Krivina – a gesture of gratitude and respect for the older generation.
- Preparing New Year greetings for soldiers – a sign of care and support for the defenders of our country.

A special part of our volunteering is patriotic education. Students help at the museum “Russia – My History”, take part in memorial events, and lay flowers at the monuments in Kumzhenskaya Grove, Sambek Heights, Mamayev Kurgan, and Zmievskaia Balka. Each of these moments teaches memory, respect, and gratitude to the heroes of the past.

Our volunteers constantly grow and learn. They attend trainings such as “Volunteer Medic”, participate in the city rally “I am a Volunteer”, and create new youth volunteer projects. In summer, they work in the “Femida” camp, conducting “Lessons of Kindness” for children.

Gymnasium students are also active participants in major city events – the “DobroFest” Festival, the “Good Deeds Marathon”, the film lecture “I am a Volunteer”, and the “In the Circle of Friends” campaign.

Through these experiences, the volunteer movement at M.M. Speransky Law Gymnasium No. 9 has grown stronger and more united.

Our motto remains unchanged: *“Do good – and the world will become better!”*

New Words

volunteering – добровольчество

compassion – сострадание

patriotism – патриотизм

initiative – инициатива

responsibility – ответственность

charity – благотворительность

justice – справедливость



Tasks / Задания

1. Match the words with their definitions (Соотнеси слова с их определениями)

- compassion
 - patriotism
 - initiative
 - justice
 - charity
- a) helping people who are in need
 - b) love and loyalty to your country
 - c) the ability to understand and share others' feelings
 - d) a new project or plan started by people
 - e) fairness in the way people are treated

2. Fill in the blanks (Заполни пропуски)

The volunteer group "From Heart to Heart" later became _____.

Students organized the festival called "_____ of Good Deeds."

Volunteers wrote letters of _____ during the "Lesson of Kindness."

Helping _____ people with disabilities teaches _____ and tolerance.

3. Answer the questions (Ответь на вопросы)

What is the main goal of the "Law Compass" group?

Name two patriotic activities volunteers took part in.

How do students develop personally through volunteering?

What events show the volunteers' civic responsibility? _____

4. True / False Statements (Выбери верное утверждение)

The "Lesson of Kindness" was about writing letters of friendship. (____)

The "Law Compass" group only focuses on environmental projects. (____)

Volunteers helped organize the "DobroFest" city event. (____)

Patriotic education is not part of volunteer work. (____)

The motto of the gymnasium is "Do good – and the world will become better." (____)

5. Give your opinion / Выскажи мнение

Task:

Imagine you are a volunteer at your school. What project would you like to start and why? (50–70 words) (Представь, что ты волонтер в своей гимназии. Какой проект ты хотел(а) бы начать и почему?)

Example answer:

I would start the “Helping Hands” project to support elderly people living alone. We would visit them every weekend, bring groceries, and help with small tasks. It would be a great chance to show kindness and make them feel cared for.

Keys

Match the words with their definitions: 1-c, 2-b, 3-d, 4-e, 5-a

Fill in the blanks: “Law Compass”; “City”; support; empathy

Answer the questions: (1) To help people understand justice, law and fairness. (2) Laying flowers at memorials; helping at the “Russia – My History” museum. (3) They learn responsibility, teamwork, and compassion. (4) Collecting humanitarian aid and writing letters to soldiers.

True/False: 1-True; 2-False; 3-True; 4-False; 5-True

Opinion (Example): “I would start the ‘Helping Hands’ project to support elderly people living alone. Volunteers would visit them and help with daily needs. This project would bring generations together and make our city kinder.”

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Volunteering at School

Volunteering at school is a wonderful opportunity for students to show kindness, responsibility, and teamwork. It helps young people understand that every good action matters and can make a difference in the community. At our school, students take part in many volunteer activities, especially those connected with helping sick children, protecting nature, and keeping our school clean and beautiful.

One of the most touching volunteer projects is helping children in hospitals. Our students regularly visit the local children’s hospital to play games, draw pictures, and read fairy tales to young patients. We collect toys, books, and art supplies to make their stay more pleasant. Sometimes, volunteers dress up as cartoon characters and organize small performances. This brings joy to children who spend many days in hospital rooms. Such visits teach our students compassion and remind them how important it is to care for others.

Another popular area of volunteering is environmental protection. The school’s “EcoFriends” club often organizes ecological campaigns: we plant trees in the park, collect waste paper, and separate plastic for recycling. Each spring, volunteers join the city event called “Green Planet Day,” where we clean riversides and plant flowers around playgrounds. These activities not only help nature but also inspire others to live in an eco-friendly way. Students learn how their actions can save the planet for future generations.

Our volunteers also take care of the school territory. Every month, we organize “Clean School Days.” During these events, students clean classrooms, decorate hallways with posters, and take care of the school garden. Some even repaint benches and plant new flowers. These simple actions make the school a better place for everyone and create a strong sense of responsibility and teamwork.

Volunteering helps students become more organized, patient, and caring. It also teaches leadership and cooperation skills, which will be useful in their future lives. Through volunteer work, students understand that being kind and active is a way to make the world better. The feeling of helping others gives them pride and happiness.

Our school encourages volunteering by awarding the most active participants during the annual “Good Hearts Ceremony.” This event celebrates the spirit of kindness and motivates others to join. Next year, students are planning to start two new projects — “Warm Words” (writing letters to children in hospitals) and “Eco Patrol” (a weekly recycling campaign). We

believe these projects will continue to bring positive change and show that every small act of kindness counts.

Volunteering is not only about helping others — it's about growing as a person. By giving time and energy to good causes, students learn empathy, teamwork, and the true meaning of humanity.

New Words / Новые слова

1. Campaign – кампания, акция
2. Compassion – сострадание
3. Recycling – переработка отходов
4. Cooperation – сотрудничество
5. Ceremony – церемония
6. Environment – окружающая среда
7. Empathy – сопереживание



Tasks

1. Match the words with their definitions (Соотнеси слова с их определениями)

1. campaign
2. compassion
3. recycling
4. cooperation
5. ceremony

- a) a process of turning waste into reusable materials
- b) working together to achieve a goal
- c) a feeling of sympathy for others
- d) a special event to celebrate something
- e) an organized activity with a specific purpose

2. Fill in the blanks (Заполни пропуски)

- Students visit children in _____ to bring them joy.
- The “EcoFriends” club plants _____ in the park.
- Every month we organize “Clean _____ Days.”

3. Answer the questions (Ответь на вопросы)

1. What do students do when they visit the hospital?
2. What environmental projects does the school organize?
3. What skills do students develop through volunteering?

4. True or False (Выбери верное утверждение)

- Volunteers only help animals.
- Students plant trees and collect waste for recycling.
- “Clean School Days” are held every month.
- Volunteers never visit hospitals.

5. Express your opinion (Выскажи своё мнение)

What kind of volunteering would you like to join at school and why?

(Какое волонтерское направление ты бы хотел выбрать в школе и почему?)

Keys

1: 1-e, 2-c, 3-a, 4-b, 5-d

2. hospitals, trees, School

3.

- 1. They play games, draw, read, and perform for sick children.**
- 2. They plant trees, recycle waste, and clean parks and riversides.**
- 3. They learn teamwork, responsibility, and empathy.**

4.

- Volunteers only help animals. (F)
- Students plant trees and collect waste for recycling. (T)
- “Clean School Days” are held every month. (T)
- Volunteers never visit hospitals. (F)

5.

I would like to take part in the “Eco Patrol” project because I care about nature. Keeping our planet clean is very important, and I want to help reduce waste and protect the environment.

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Volunteering at School № 83

Volunteering at school is not only a way to help others but also a chance for students to become more responsible, kind, and active members of their community. At our school, students take part in different volunteer projects that make a real difference for animals, elderly people, and people with disabilities. These activities teach us how even small actions can change someone's life for the better.

One of the most popular areas of volunteering is helping animals. Students often organize charity events to collect food, blankets, and medicines for local animal shelters. On weekends, small groups of volunteers visit the shelters to clean, walk the dogs, and play with cats. This helps not only the animals but also teaches students empathy and care for living beings. Some volunteers even take part in “Adopt, Don't Shop” campaigns to encourage people to adopt stray animals instead of buying pets.

Another important direction of school volunteering is helping elderly people. Many students visit local nursing homes and spend time with residents who often feel lonely. They read to them, bring small gifts, or simply talk and listen to their stories. During holidays, students organize concerts and handmade postcard exhibitions. These visits bring smiles to older people's faces and create a strong connection between generations. Volunteering in nursing homes teaches students gratitude and respect for life experience.

Equally significant is helping people with disabilities. Our volunteers support inclusive school events, where all students—regardless of physical abilities—can participate in sports, art, or music. They help organize games and workshops and assist classmates who need extra help. Some volunteers also work with rehabilitation centers, preparing creative activities like painting or singing lessons. This experience teaches tolerance and reminds everyone that kindness has no limits.

Volunteering brings many benefits to students themselves. It develops teamwork, leadership, and communication skills. Students learn to organize events, manage time, and take

responsibility for others. Most importantly, they understand the value of compassion and the power of collective action.

Every year, our school holds a special “Volunteer’s Day,” where the best projects and students are honored with certificates and small prizes. These events inspire others to join the movement and show that doing good is both rewarding and joyful.

In the future, our students plan to expand the volunteer club by starting new initiatives—such as a “Green Paws” project to protect street animals, and an “Open Hearts” program that pairs students with people with disabilities for joint activities. The goal is to build a community where everyone feels cared for and included.

Through these efforts, we learn that true happiness comes from helping others. Volunteering at school isn’t just an extracurricular activity—it’s a lifestyle that builds character, shapes empathy, and makes the world a better place.

New Words / Новые слова

1. Shelter – приют
2. Loneliness – одиночество
3. Compassion – сострадание
4. Inclusive – инклюзивный, всеохватывающий
5. Empathy – сопереживание
6. Initiative – инициатива
7. Rehabilitation – восстановление







Tasks / Задания по тексту

1. Match the words with their definitions (Соотнеси слова с их определениями)

1. empathy
2. shelter
3. inclusive
4. initiative
5. rehabilitation

- a) a place that provides protection for animals or people
- b) the ability to understand other people's feelings
- c) a new plan or project
- d) helping people recover after illness or injury
- e) involving everyone, regardless of ability

2. Fill in the blanks (Заполни пропуски)

- Students organize _____ to collect food for animal shelters.
- Many volunteers visit _____ homes to talk to elderly people.
- Inclusive events help students with _____ take part in school life.

3. Answer the questions (Ответь на вопросы)

1. What kind of animals do students help?
2. How do volunteers support elderly people?
3. What are the benefits of volunteering for students?

4. True or False (Выбери верное утверждение)

1. - Students only help animals.
2. Volunteering teaches leadership and compassion.
3. Volunteers visit hospitals and nursing homes.
4. - Only teachers organize volunteer projects.

5. Express your opinion (Выскажи своё мнение)

What kind of volunteering would you like to try and why?

(Какой вид волонтерства ты бы хотел попробовать и почему?)

Keys.

1. 1-b, 2-a, 3-e, 4-c, 5-d
2. charity events, nursing, disabilities
3. 1. They help stray dogs and cats in shelters.
2. They visit nursing homes, read, talk, and organize concerts.
3. It teaches teamwork, compassion, and leadership.
4. (F) (T) (T) (F)
5. I would like to volunteer at an animal shelter because I love animals and want to protect them. Spending time with them makes me happy, and I believe every animal deserves love and care.

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Why students volunteering matters

Volunteering is often seen as a simple act of giving back to the community, but for students, it's much more than that. It is a powerful experience that shapes character, builds skills, and creates a positive impact that extends far beyond a simple action. While academic success is crucial, the lessons learned outside the classroom through volunteer work are equally valuable for personal growth.

The students of gymnasium №1 in Millerovo, Rostov region, take part in many activities: they help to clean territories from trash, teachers and students send packages for soldiers and for military hospitals, make camouflage nets that protect our soldiers during the military action, and many others. This autumn the students of the 7th form went to the town's cemetery and cleaned

some tombs that belong to the heroes fallen soldiers-heroes that were former students of our gymnasium. These activities offer profound lessons in history, patriotism, and practical skill-building.

Firstly, the act of cleaning soldiers' graves is far more than just a chore. It is a physical connection to the past. When students gather at a local cemetery to clear away overgrown grass, wipe moss from headstones, and place flowers, they are not just tidying a plot of land. They are preserving memory. Each headstone represents a person- a life cut short for the sake of others. By reading the names, dates, and regiments, students make history personal. It transforms a chapter from a textbook into a tangible story of someone who lived in their town, walked their streets, and made the ultimate sacrifice. This act of service teaches respect, gratitude, and the importance of honoring those who secured the freedoms we often take for granted today. It is a silent lesson in civic duty and the cost of peace.

When the citizens of our town make camouflage nets for military needs it helps our soldiers who struggle in the present days. There are some places in our town where indifferent people may come and take part in this activity. Lately, such activity was organized in our school too. Weaving of camouflage nets is a direct and crucial support for those currently serving in the military. Camouflage nets are essential for concealing equipment, positions, and personnel, directly contributing to the safety of soldiers. While weaving these nets, students are not just tying pieces of fabric; they are participating in a national defense effort. They learn the value of precision, patience and teamwork. This activity demonstrates that you don't need to be on the front lines to make a difference. It shows that collective, focused effort from civilians, even young students, provides immense moral and material support, boosting the morale of both the volunteers and the troops who receive the nets.

In conclusion, volunteer work like cleaning graves and weaving camouflage nets provides irreplaceable benefits for students. They develop a stronger sense of empathy, a deeper understanding of history, and a practical understanding of teamwork and civic responsibility. It is a powerful way to build a bridge between the past, the present, and the future.

Tasks:

1. Answer the questions (Ответь на вопросы)

Why volunteering is important?

Why did the students clean the tombs of fallen soldiers?

2. True, False or Not Stated? (Определи в соответствии с текстом: правда, ложь или нет информации)

- a) The nets are only needed for forest terrain
- b) Only young people are involved into a project
- c) The students worked during their regular lessons
- d) Camouflage nets are used in military needs

3. Write the word according to its definition (Напиши слово в соответствии с его определением)

- a) materials or colours used to disguise something and make it blend with its surroundings
- b) a person who does work without being paid, because they want to
- c) an open fabric made of string, rope or wire woven together in a grid

4. List three advantages and three challenges of school volunteer programs. (Приведи три преимущества и три недостатка школьных волонтерских программ)

5. Tell us about a volunteer project you would like to start at your school (50-70 words).
(Расскажи о волонтерском проекте, который ты мог бы начать)

Include:

- Project name
- Who it would help
- What activities volunteers would do

Keys.

1. Volunteering is a powerful experience that shapes character, builds skills, and creates a positive impact that extends far beyond a simple action.

The students of our school cleaned the tombs of fallen soldiers because such actions help us remember important values in our life: patriotism, respect and gratitude to heroes who gave their life.

2. a-F b-F c-NS d-T

3. a- camouflage, b- volunteer, c- net

4. Advantages:

Volunteering develops new skills, gives new opportunities in social life and broadens horizons

Disadvantages:

Volunteering takes time that we need to study, not all people want to be volunteers, it may need not only our time, but money, some people can use our labour in their purposes.

5. I think I would like to organize a project by helping animals, cats and dogs. I would call it «My Kitty». There are some homeless animals in the streets of our town and they need our help. I would take care of sick animals, give them food and find new homes for them.

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Gymnasium 117's "Eco-friends": Cultivating a Greener Tomorrow

In the heart of our community, the students of Gymnasium 117 have banded together under a common, vital cause: protecting and nurturing our planet. Their volunteer organization, aptly named "Eco-friends," is a dynamic force dedicated to transforming environmental awareness into direct action. More than just an extracurricular activity, it is a movement that sows the seeds of responsibility and care in both the young minds of its members and the world around them.

The activities of the Eco-friends are diverse, reflecting a holistic understanding of what it means to be a guardian of nature.



Rooting for the Future: Tree Planting Initiatives

With shovels in hand and hope in their hearts, the Eco-friends regularly organize tree-planting campaigns in local parks and school grounds. Each sapling they place in the earth is a living promise—a commitment to cleaner air, a greener landscape, and a healthier ecosystem for future generations. These events are not only about the physical act of planting but are powerful lessons in growth, patience, and our interconnectedness with the natural world.

A Compassionate Hand: Caring for Our Fellow Creatures

Understanding that a healthy environment includes all its inhabitants, the Eco-friends extend their care to the animals that share our urban spaces. During the harsh winter months, they build and refill bird feeders, ensuring our feathered friends have a reliable food source. Their compassion also reaches stray cats and dogs, with organized efforts to provide them with food and water, demonstrating that kindness knows no species.

Spreading the Word: Educational Outreach

The members of Eco-friends know that lasting change begins with education. They actively take their message into younger classrooms, giving engaging lessons on the importance of keeping our environment clean and healthy. Through presentations, interactive games, and clean-up projects, they inspire their younger peers to become eco-conscious citizens, explaining the impact of recycling, reducing waste, and conserving resources.

Expanding Their Horizons: Visiting Educational Seminars

To ensure their actions are informed by the latest knowledge, the Eco-friends regularly attend seminars and workshops led by environmental experts. These sessions cover a wide range of topics, from biodiversity and climate change to sustainable living and wildlife conservation. Armed with this new knowledge, they return to Gymnasium 117 energized and full of innovative ideas to enhance their projects.

The "Eco-friends" of Gymnasium 117 are a shining example of how youth leadership can drive positive change. They prove that no act of kindness towards our planet is too small. Through their hands-on work, from the trees they plant to the lessons they teach, they are not just cleaning up the environment—they are building a more conscious, caring, and sustainable community, one project at a time.

Tasks

1. Vocabulary Matching

Match the word with its correct definition.

Сопоставление слов. Сопоставьте слово с его правильным определением.

Word Definition

1. holistic (adj.) a) To give new energy or strength to
2. sustainable (adj.) b) Thinking about and feeling kindness for others
3. compassionate (adj.) c) Thinking about the whole thing, not just its parts
4. ecosystem (n.) d) A young tree
5. sapling (n.) e) Able to continue without causing damage to the environment
6. energized (v.) f) All the living things in an area and how they relate to each other

2. True or False

Read the statements and write T for True or F for False.

Верно или неверно. Прочтите утверждения и напишите T, если верно, или F, если неверно

1. The Eco-friends only focus on planting trees. ____
2. They provide food for birds and stray animals. ____
3. The group only learns from within their own members. ____
4. They teach older members of the community about recycling. ____
5. Their tree planting is also a symbolic act for the future. ____

3. Fill in the Blanks. Complete the sentences using words from the text.

Заполните пропуски. Дополните предложения словами из текста.

The Eco-friends are a volunteer group at Gymnasium 117. Their activities include planting _____, feeding birds and stray animals, and giving lessons to younger students. They also visit educational _____ to learn from experts. The group is a great example of youth _____, showing that young people can make a positive change.

4. Transforming Sentences: Active to Passive

Rewrite the following active voice sentences into the passive voice. Keep the same tense.

Преобразование предложений: из активного залога в пассивный. Перепишите следующие предложения из активного залога в пассивном. Оставьте то же время.

1. The students plant young trees in the local park.
→ _____
2. The Eco-friends provide food for stray animals.
→ _____
3. Experts lead educational seminars.
→ _____
4. Their work inspires the whole community.
→ _____

5 Your Opinion

In your own words (50-80 words), why do you think volunteering in groups like the Eco-friends is important?

Keys

1

1. c) holistic
2. e) sustainable
3. b) compassionate
4. f) ecosystem
5. d) sapling
6. a) energized

2

1. F (They have multiple activities like feeding animals and teaching.)
2. T
3. F (They learn from external experts at seminars.)
4. F (They teach younger students, not older members.)
5. T

3

The Eco-friends are a volunteer group at Gymnasium 117. Their activities include planting trees/saplings, feeding birds and stray animals, and giving lessons to younger students. They also visit educational seminars to learn from experts. The group is a great example of youth leadership, showing that young people can make a positive change.

4

1. Young trees are planted in the local park (by the students).
2. Food for stray animals is provided (by the Eco-friends).
3. Educational seminars are led by experts.
4. The whole community is inspired by their work.

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«Wisdom of the Heart»

Benefit -польза

Significant-важный, значимый

Participation-участие

Implement-внедрять

Promote-содействовать, способствовать

Since 2022, **the volunteer group** «Wisdom of the Heart» has been actively operating in Shakhty Secondary School No. 49 in the Rostov region. Its main goal is to promote the ideas of volunteer work for the **benefit of society** and attract young people to solve socially significant problems.

The school **successfully implements** several areas of **volunteer activity**.

Activists help to form cultural identity and preserve the rich cultural heritage of our country. They organize various cultural events, hold master classes and bright actions, exhibitions, lessons of Kindness: conducting a good lesson within the framework of the regional project "Become a Volunteer", organizing and holding a festive concert, master classes, an exhibition-fair "Day of Good Deeds" for **participants of the election campaign**.

Environmental volunteers help to protect the environment and form important **environmental habits** in their fellow students. Activists are engaged in landscaping school

territories, broadcast a culture of conscious consumption and inform about the rules for separate waste collection, take part in the International Subbotnik for the Improvement of Memorial sites, citywide and village subbotniks, annually participate in the All-Russian project "Creating a comfortable urban environment", the All-Russian campaign "Good Saturdays", the campaign "Boom Battle. Hand over the waste -paper -cut down the tree."

Social volunteers organize various socially **significant events**, conduct educational workshops, and **participate in charity events**. Activists of «Wisdom of the Heart» group took part in:

- participate in four citywide collections of humanitarian aid for members of the SVO, organized by the municipal headquarters of #MyVmeste;
- in ten humanitarian fees on the basis of secondary school No. 49 supplies (about 1 ton of humanitarian aid was handed over to the participants of the SVO, more than 300 letters and drawings, posters, 120 non-extinguishing matches).

Volunteers provide support to eleven families of participants in a special military operation.

Volunteers help to organize and conduct school holidays: "Teacher's Day", "New Year's Day", "Victory Day", "International Children's Day"; seminars; special events, fun breaks, marathons of good deeds.

Media volunteers help cover school events, create content, aimed at preserving and promoting volunteerism in social networks.

Patriotic volunteers organize various events and participate in All-Russian actions that participate in charity events and preserve historical memory: "All-Russian lesson of memory "Blockade Bread". "- 50 volunteers, "St. George's Ribbon" -77 volunteers, "Victory Windows" - 28 volunteers, " I give warmth". Letter to a Soldier "- 95 volunteers, "Mascots of Good" - 50 volunteers, "Immortal Regiment" - 26 volunteers, "Draw Victory-2023" -72 volunteers, "Let's light a candle" - 46 volunteers, "No statute of limitations" - 53 volunteers, "Writing a letter to a soldier with the whole family"-57 volunteers, "Patriotic poems " – 28 volunteers.

As part of the volunteer movement "Victory Volunteers", the memorial complex and the mass grave of soldiers who died during the Great Patriotic War are being improved. In April 2023, 3 volunteer actions were held to restore order and green the school grounds and the memorial complex. 104 students-volunteers took part in these actions.

Sports volunteers help to organize and conduct sports and physical culture events, promote a healthy lifestyle through personal participation in events: participation in the All-Russian campaign "One country one team" (25 volunteers), conducting the All-Russian lesson "Be healthy", lessons "I am for healthy lifestyle", "Health is my choice" from the interactive competitions of the " Day of Good Deals " for election campaign participants (32 volunteers)

According to the results of the work, the volunteer group became twice a prize-winner of the Citywide Championship between volunteer groups of general education organizations in Shakhty in 2023 and 2024. The team was awarded a diploma of the Shakhty City Administration for participating in the Citywide Day of Good Deeds "My Choice". The members of the "Wisdom of the Heart" team were awarded with thank-you letters:

- "For a great personal contribution to the development of the volunteer movement in the territory of Shakhty" by the Youth Policy Department of the Shakhty City Administration.
- "For participation in the All-Russian street action # DARYUTEPLO" by the Federal Center for the Development of Socialization Programs for Teenagers.

1. Read through the text and answer the questions **(Прочитай текст и ответь на вопросы по тексту)**

- When was the volunteer group «Wisdom of the Heart» founded?
- What areas of volunteer activity does the school successfully implement?
- Where do Activists of «Wisdom of the Heart» group take part in?

2. Look for the similar English words and word combination. They are highlighted.
(Найди перевод выделенных слов)

- A. волонтерский отряд;
- B. на пользу общества;
- C. успешно внедрять;
- D. волонтерская деятельность;
- E. участие в избирательной кампании;
- F. экологические привычки;
- G. значимые события;
- H. участвовать в благотворительных делах⁴

3. Decide if the following statement are true (T), false (F) or not stated (N/s).
(Какие предложения соответствуют содержанию текста, какие нет)

- A. The school successfully implements six areas of volunteer activity.
- B. Environmental volunteers help protect the environment.
- C. Volunteers help to organize and conduct school holidays.
- D. Environmental volunteers organize various socially significant events, conduct
- E. Every year members of the “Wisdom of the Heart” team go to a summer camp.

4. Complete the sentences.

(Дополни предложение.)

- A. Environmental volunteers help to...
- B. Social volunteers organize...
- C. Media volunteers help to
- D. Patriotic volunteers organize....
- E. Sports volunteers help to....

5. You are going to give a talk about the volunteer movement.

(Составь монологическое высказывание)

Remember to say

- about the volunteer group «Wisdom of the Heart»
- about the main areas of volunteer activity
- What would you advise to your friend who is going to join the volunteer group.

Key

1.

- A. Since 2022, the volunteer group «Wisdom of the Heart» has been actively operating in Shakhty Secondary School No. 49 in the Rostov region B
- B. The school successfully implements several areas of volunteer activity. They are Environmental, Social, Patriotic, Sports activity.
- C. Volunteers help to organize and conduct school holidays: "Teacher's Day", "New Year's Day", "Victory Day", "International Children's Day"; seminars; special events, fun breaks, marathons of good deeds.

2.

- A. the volunteer group
- B. benefit of society
- C. successfully implements
- D. volunteer activity
- E. participants of the election campaign
- F. environmental habits

- G. significant events,
- H. participate in charity events

3.

- A.F
- B.T
- C.T
- D. F
- E. N/s

4.

- A. Environmental volunteers help to protect the environment and form important environmental habits in their fellow students.
- B. Social volunteers organize various socially significant events, conduct educational workshops, and participate in charity events.
- C. Media volunteers help to cover school events, create content, aimed at preserving and promoting volunteerism in social networks.
- D. Patriotic volunteers organize various events and participate in All-Russian actions that promote patriotic education and preserve historical memory.
- E. Sports volunteers help to organize and conduct sports and physical culture events, promote a healthy lifestyle through personal participation

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Volunteering at my school.

- Crucial- ключевой, решающий
- Desperately- отчаянно
- Mutual- взаимный
- Charitable- благотворительный, милосердный
- Equestrian- конный
- Target- цель, задание
- Furthermore- более того, к тому же
- Identity- личность
- Heritage- наследие

Volunteering in the Rostov Region is a powerful force for good. It is not just about entrepreneurs or large organizations; it is about people from all walks of life – ordinary citizens, rural and urban residents of the Don region, students, and schoolchildren. By their personal example, they show how crucial help is for those who desperately need it. This spirit of mutual aid and civic responsibility is deeply embedded in our community and naturally extends to educational institutions.

In my school, Romanovskaya School, this tradition of volunteering is alive and thriving. Our students and teachers actively participate in various charitable projects and events, aiming to make a positive impact both within our school walls and in the wider community. We believe that even small actions can create significant change.

One of our most heartfelt initiatives is the "Parcel to a Soldier" campaign. We collect essential items, long-shelf-life food, warm socks, and personal care products to send to soldiers serving our country. This project teaches us gratitude and support for those who protect us.

Another unique project close to our hearts is the "Food for Horses" drive. Our region has a rich equestrian culture, and we organize collections of carrots, apples, and other suitable treats

for the horses at the local stables in our village. It's a wonderful way to care for animals and connect with our local heritage.

Environmental responsibility is also a key focus. We regularly hold "Waste Paper Collection" events, gathering paper, old books, and cardboard for recycling. This helps save trees, reduces waste, and instills eco-friendly habits in students from a young age.

At the start of each school year, we run the "Help a First-Grader Get Ready for School" campaign. We collect school supplies, backpacks, and good condition clothing for children from low-income families. This ensures that every child begins their educational journey with confidence and joy.

Beyond these targeted campaigns, our volunteers are always ready to roll up their sleeves. We organize regular "subbotniks" (community clean-up days) to beautify our school grounds and nearby areas. Furthermore, our volunteers play a key role in organizing and running various school holidays and festivals, creating a festive and inclusive atmosphere for everyone – pupils and teachers alike.

In conclusion, volunteering at Romanovskaya School is more than just an activity; it is a part of our school's identity. It unites us, teaches us empathy and responsibility, and proves that together, we can bring kindness and positive change to our community, following the great example set by all volunteers of the Rostov Region.

Tasks (задания):

1. Match the English words with their Russian equivalents (Соотнеси английские слова с их определениями).

- | | |
|------------------|--------------------------------|
| a)volunteer | 1. Сообщество |
| b)campaign | 2. Ответственность |
| c)recycling | 3. канцелярские принадлежности |
| d)supplies | 4. переработка |
| e)community | 5. волонтер |
| f)responsibility | 6. акция, кампания |

2. Make sentences from the given words so that they match the sentences in the text (Составь предложения из данных слов так, чтобы они соответствовали предложениям в тексте).

- a) significant, We, create, even, change, believe, can, that, actions, small.
b) who, project, those, us, teaches, This, for, us, support, gratitude, protect, and.
c) with, heritage, local, way, wonderful, a, and, It's, connect, animals, to, care, for, our.

3. Correct the mistakes in the sentences according to the text (Исправь в предложениях ошибки, следуя тексту).

- a)The "Parcel to a Soldier" campaign collects toys for children.
b)Students collect electronics for the "Food for Horses" project.
c)The "Waste Paper Collection" is organized to build new houses.
d)The campaign to help first-graders happens at the end of the school year.
e)Volunteers only organize clean-up days inside the school building.

4. Answer the questions (Ответь на вопросы).

- a)What is the name of the school in the text?
b)What does the "Parcel to a Soldier" campaign send to soldiers?
c)What kind of food is collected for horses?
d)What materials are gathered for recycling?
e)Who is the "Help a First-Grader" campaign for?

f)What do volunteers organize besides clean-up days?

5. Persuade your friend to be a volunteer. Give reasons (Уговори своего друга быть волонтером. Приведи доводы).

Write 3-4 convincing arguments why your friend should join volunteer activities at school.

Keys.

1.

a-4,b-6, c-3, d-2, e-1, f-5

2.

a) We believe that even small actions can create significant change.

b) This project teaches us gratitude and support for those who protect us.

c) It's a wonderful way to care for animals and connect with our local heritage.

3.

a)The "Parcel to a Soldier" campaign collects essential items, food, and personal care products for soldiers.

b)Students collect carrots, apples, and treats for the "Food for Horses" project.

c)The "Waste Paper Collection" is organized to save trees and reduce waste (for recycling).

d)The campaign to help first-graders happens at the start of the school year.

e)Volunteers organize clean-up days for the school grounds and nearby areas.

4.

a) Romanovskaya school.

b) Essential items, long-shelf-life food, warm socks, and personal care products

c) Carrots, apples, and other suitable treats.

d) Paper, old books, and cardboard.

e) For children from low-income families.

f) Various school holidays and festivals.

5.You should become a volunteer because it's a great way to help others and feel useful. You can learn new skills like teamwork and organization. It's also a chance to meet new friends and make our school and town a better place. Plus, it's a very rewarding experience that you'll be proud of.

Вилинова Юлия Валерьевна, преподаватель иностранного языка ГБПОУ РО
«Ростовский-на-Дону автодорожный колледж»

Volunteer traditions in Rostov-on-Don Highway Technical College

In Rostov-on-Don and the Rostov region, there are organizations that engage in volunteer activities. You can become a member of these organizations and contribute to the development of volunteering in the region. The Rostov region is a leader in the number of volunteer centers and initiatives that promote volunteering.

Volunteering aims to popularize volunteering and increase the social activity of students and citizens of school age in the region. Our college is actively involved in various volunteer activities in different fields, such as environmental, social and cultural. We also have our own traditions of volunteering, and our volunteers can be students, professors or others. Students of our college participate in various charitable activities, such as donating blood, collecting aid for members of the Special Military Operation and their families, helping pet shelters, supervising orphanages, and assisting veterans and low-income families.

Our students also participated in the Russian Red Cross project "Every Child is Important". We opened the doors of the New Year for children with special needs and low-income families, so that everyone could feel the atmosphere of a fairy tale and care. Our students

became guides to a world of fun, accompanying the children throughout the event and including them in games and activities. They helped create magic at the "Christmas Toy" master class, where each child left with their own handmade New Year's Eve ornament. And we left with warm hearts, knowing that it is so important to spread joy and care to those who need it most.

"The First Movement" activists from Rostov-on-Don Highway Technical College volunteered at the "Eco Championship". The final stage of the regional "Eco Championship" took place in our city and brought together 1,000 young people from various parts of our region. Our students actively participated as volunteers in this large-scale event, and we are proud of their contribution! At the event, dozens of art pieces and recycled materials were created. Participants demonstrated their creativity by transforming old clothes into stylish designer looks. This not only helps preserve the environment, but also encourages creative thinking! Additionally, a pet shelter food collection was held during the "Eco championship". We are grateful for all those who supported this important initiative!

In addition, "The First Movement" students took part in the "Blago Tvorì" event, organized by the Leninsky District Administration in Rostov-on-Don, in conjunction with the International Charity Day celebration. Participants shared their stories of good deeds, participated in exciting workshops, created handmade gifts for members of the Special Military Operation, and wrote heartfelt letters and postcards of support.

These events remind us that even small acts of kindness can brighten our world and bring us closer together.

Task 1. Answer the following questions (ответьте на следующие вопросы)

1. What is the main purpose of volunteer organizations in the Rostov region?
2. Name three types of activities that students from your college participate in.
3. Describe the "Every Child is Important" project and what students did during the New Year event.
4. What was the main goal of the Eco Championship, and how did students contribute to it?
5. Explain the "Blago Tvorì" event and what participants did to support militaries.
6. Why do you think volunteering activities are important for the community?
7. Mention two benefits that students gain from participating in volunteer projects.
8. What kind of environmental activity was involved in the Eco Championship?
9. How did students help pets and homeless animals during these events?

Task 2. Fill in the blank (Вставьте пропущенное слово по смыслу)

Volunteering, charity, initiative, participation, help, donate, kindness

1. Students actively took part in various _____ activities to support their community.
2. The "Eco Championship" involved creative recycling _____ to promote environmental awareness.
3. One of the main goals of volunteering is to _____ those in need and make the world better.
4. The event "Blago Tvorì" was organized in honor of International _____ Day.
5. Students showed great _____ by aiding orphanages and helping low-income families.

Task 3. Match the words from the text with their definitions. (Сопоставьте слова из текста с их значением): to be engaged in, low-income, orphan homes, recycling, contribution, volunteering, charity, help, championship

1. Home for children whose parents are dead or unable to care for them

2. Unpaid time doing something to benefit others
3. Giving new life to waste materials
4. To be involved in
5. A gift or payment to a common fund or collection
6. The voluntary giving of help, typically in the form of money, to those in need.
7. Earning less money than most people

Task 4. True or False (Определите, верно ли утверждение)

1. Volunteers only help during holidays.
2. Helping others is a key part of volunteer work.
3. Students can participate in volunteer activities regardless of their age.
4. Volunteer work always requires a lot of money.
5. Volunteering can help build new skills and friendships.

Task 5. Answer the question (Дай развернутый ответ): "What do you think motivates people to volunteer?"

Keys

Task 1.

1. The main purpose of volunteer organizations in the Rostov region is to promote volunteer activities, involve social participation, and develop volunteerism among students and residents.
2. Students participate in activities such as blood donation, collecting aid for military personnel and their families, supporting pet shelters, supervising orphanages, and helping veterans and low-income families.
3. The "Every Child is Important" project involved hosting a New Year celebration for children with disabilities and from low-income families. Students guided children through games and activities, helped create handmade New Year's jewelry, and created a festive atmosphere to bring joy.
4. The main goal of the Eco Championship was to promote environmental awareness and creativity. Students contributed by creating art objects from recycled materials, transforming old clothes into fashionable designs, and collecting food for pet shelters.
5. The "Blago Tvoru" event aimed to support military personnel. Participants shared stories about their good deeds, made handmade gifts, and wrote letters and postcards to encourage and support soldiers.
6. Volunteering activities are important because they help improve the community, bring happiness to others, and foster social cohesion and kindness.
7. Students gain benefits such as developing a sense of social responsibility, gaining practical experience, and feeling the satisfaction of helping others.
8. In the Eco Championship, students created art and fashion items from recycled materials and participated in environmental awareness activities.
9. Students supported pets and homeless animals by collecting food for pet shelters during the Eco Championship.

Task 2.

1. volunteering
2. initiatives
3. help
4. charity
5. participation

Task 3.

1. to be engaged in - 4. to be involved in
2. low-income – 7. earning less money than most people
3. orphan homes - 1. home for children whose parents are dead or unable to care for them
4. recycling – 3. giving new life to waste materials
5. contribution – 5. a gift or payment to a common fund or collection
6. volunteering- 2. unpaid time doing something to benefit others
7. charity – 6. the voluntary giving of help, typically in the form of money, to those in need.

Task 4.

1. False
2. True
3. True
4. False
5. True

Task 5. Many people are motivated by the desire to help others, make a difference, gain new experience, or feel part of a community. People volunteer for a mix of personal and altruistic reasons, including a desire to help the community, make a positive impact, give back, learn new skills, develop leadership, meet people, gain a sense of purpose, fulfill civic duty, and feel happier and more connected.

Стребко Наталья Николаевна, преподаватель ГБПОУ РО «Зерноградский педагогический колледж»

Volunteering in Zernograd Teachers' Training College

Volunteering means giving our time and energy to help others without asking for anything in return. Even small acts of help count as volunteering. Volunteering is not about being perfect; it is about trying to make life better for others.

Students of Zernograd Teachers' Training College try to make life better for others, too. They have been taking part in volunteering for more than ten years. Many projects have been held in the streets of our town, kindergartens and schools.

Every spring and autumn, the "Ecos" environmental club cleans the banks of the local pond, the town parks and squares. A few years ago, the participants of the club joined the national project "Kind Caps", an eco-charity volunteer project, which focuses on collecting plastic screw caps. Money from recycling is sent to the "Volunteers for Orphans Fund" to support children with developmental disabilities, combining environmental protection with charitable aid.

As our college prepares students for working with children, a lot of volunteering work is held in different educational institutions. The "We are here" group organizes educational and festive events for children. The most popular initiative is New Year Party for children in difficult situations and for physically or mentally handicapped children. Students of the group also help teachers conducting lessons and out-of-school activities. Some years ago, future teachers arranged several video-lessons on

Handicraft and Arts for “special needs” children. Last year the volunteers presented handmade books for primary school pupils and explained how to take care of the books.

Supporting the elderly is another part of our volunteer movement. The students of “Kind Hearts” team are always ready to help elderly people in different ways. In October, they visited our nursing home and performed a concert dedicated to the Day of elderly people bringing the residents of the nursing home joy and positive emotions. “Kind Hearts” remember our teachers who are retired now; they help them with working in the garden, cleaning up the yards, washing the windows or shopping.

Many students and teachers of our college take an active part in the actions supporting the participants of the special military operation. They collect food packages and warm clothes, write letters and greeting cards, weave camouflage nets, make trench candles, sew blankets for the wounded in hospitals.

Our college cooperates with the local municipal authorities and many social organizations. The Rehabilitation Centre for children “Sprout”, “The Movement of the First”, public organization of families with disabled children and orphans “The Wind of Change”, Sunday school, the local volunteer community “Reliable Rear” are among our friends and supporters. They welcome our volunteering ideas and help them happen, as all of them benefit the community. Moreover, our college and local municipal authorities recognize outstanding volunteers at special ceremonies.

Volunteering is an important part of the college life. It takes a lot of time, energy, resources, money. However, it gives back more - it teaches responsibility, teamwork and compassion. Volunteering experiences make our students feel proud and happy, confident and good inside. They also gain new skills like speaking in front of others, being organized, taking decisions quickly and solving problems, that will be useful in their future profession.

Tasks

I. Before reading match the words with their definitions

(Перед чтением соотнесите слова с их определениями):

1.	compassion	a)	to take part
2.	to participate	b)	people with legal right to take decisions, order, ensure the rights of others
3.	authorities	c)	a person, usually a child, without parents
4.	to benefit	d)	the ability to understand others' pain and suffering
5.	an orphan	e)	to do good

II. Order the following headings according to the text

(расположите заголовки абзацев в логическом порядке):

A.	The students communicate with older people.
B.	The students help nature.
C.	The whole college support our soldiers.
D.	The students have a lot of advantages from being volunteers.
E.	The college has been volunteering for a long time in different places.
F.	The college collaborates with other institutions.
G.	What is volunteering?
H.	The students volunteer in the field of their future career.

**III. Read the following statements and say if they are TRUE or FALSE
(Оцените утверждения по шкале ПРАВДА-ЛОЖЬ):**

1. There are several volunteering societies in the college.
2. "Ecos" pays attention to collecting plastic caps only.
3. Future teachers do a lot of good deeds for children.
4. The college participates in the special military operation.
5. Different organizations interact with the college.

**IV. Fill in the gaps using the words from the box. Two words are odd
(Заполните пропуски словами из рамочки. Два слова – лишние):**

dedicated	act	participate	visit	confident	disabled	compassion
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1. Every _____ of help can be volunteering.
2. Young people organize events _____ to different holiday.
3. Volunteers _____ in national and local ecological projects.
4. _____ is necessary for every volunteer.
5. Help others make us feel _____, proud and happy.

V. Complete sentences about volunteering with your own word \ words (Дополните предложения своим словом \ словами):

1. Volunteering takes much _____.
2. There are many places where you can _____.
3. Supporting the elderly helps us to be _____.
4. Volunteers may join to _____.
5. If one likes nature he may _____.

**VI. Sum up the ideas on volunteering in the form of cinquain (a five-line poem)
(Обобщите информацию о волонтерстве с помощью синквейна)**

Синквейн

строка 1 — тема синквейна, включает в себе одно слово (обычно существительное или местоимение), которое обозначает объект или предмет, о котором пойдет речь.

строка 2 — два слова (чаще всего прилагательные), они дают описание признаков и свойств выбранного в синквейне предмета или объекта.

строка 3 — образована тремя глаголами, описывающими характерные действия объекта.

строка 4 — фраза (предложение) из четырёх слов, выражающая личное отношение автора синквейна к описываемому предмету или объекту.

строка 5 — одно слово-резюме, характеризующее суть предмета или объекта (синоним).

Keys

I. 1 –d, 2-a, 3-b, 4-e, 5-c

II. G E B H A C F D

III. 1-T, 2-F, 3-T, 4-F, 5-T

IV. 1 – act; 2 – dedicated; 3 – participate; 4 – compassion; 5 – confident. Лишние слова – visit, disabled

V. 1. energy \ time \ resources \ money
2. volunteer \ help
3. sensitive \ kind \ good

4. national projects \ other organizations \ local authorities
5. clean the parks \ join ecological clubs \ take part in eco-projects \ help animals

VI. Volunteering
Important, traditional
Support, develop, organize
Volunteering makes people better
Cooperation

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ГБПОУ РО «Новочеркасский промышленно-гуманитарный колледж»

Volunteering at the Novocherkassk Industrial and Humanitarian College.

The volunteer movement becomes a symbol of vital energy, willingness to help others and change the world around them for the better. The Novocherkassk Industrial and Humanitarian College has become a place of attraction for the best traditions of care and kindness, turning into a center for implementing bright social projects that embody ideas of goodness and compassion among young hearts.

Among the many worthy initiatives, “The Veterans with Us” project stands out in particular which brings warmth of human participation, attentive attitude, and sincere gratitude to veterans of the Great Patriotic War for their gift of freedom. No less significant is another project “Sport Is Our Life” inspiring youths to lead healthy lifestyles, engage in sports, strengthen their health so they can serve their Motherland honorably.

Every year students of the college take part in amazing actions aimed at improving the appearance of their hometown. Thus, last September, hundreds of young hands united within an ecological initiative called “We Want Clean City!” collecting trash and adorning streets with cleanliness and freshness of autumn day. Later, during fall of same year, student body participated in nationwide campaigns “Kind Letters” and “To Brave and Important Ones,” addressed to defenders of Fatherland, expressing deep appreciation and respect for loyalty to duty and love for homeland.

But the most extensive work was carried out in June through the efforts of students together with residents of two streets of the town located next to the college. Diligent hands transformed the courtyards of several blocks of flats, painting benches with bright colors, updating play equipment, planting flowers, and creating well-groomed recreation areas for all citizens.

However, volunteers’ activities are not limited solely to charity involvement. The collective actively participates in educating youth, conducting informative classes, commemorative meetings, contributing to formation of pride in history of native land while preserving traditions of our common past. Through interactive lessons and class hours, youngsters learn to appreciate past, cherish memory of ancestors, and strive towards healthy lifestyle.

A special role belongs to development of creative abilities of future generations through engaging them in interesting educational and cultural projects that create favorable environment for expression of civic activity and public usefulness. Such actions form public opinion, positive perception of younger generation, and increase popularity of voluntary movement.

Activity of our students does not go unnoticed even at city level. Annual campaigns maintaining cleanliness are conducted with constant enthusiasm. For example, in the spring of 2024, students once again joined the monthly clean-up organized by the Novocherkassk administration, taking part in a clean-up in one of the city's districts. Their efforts were highly appreciated by local authorities and received warm feedback from residents who sincerely thanked them for contribution to beauty and comfort of home region.

Tasks

1. Find in the text the English equivalents to the following Russian words (найдите в тексте английские эквиваленты следующим русским словам):

1. идеи добра и милосердия
2. волонтерское движение
3. готовность помогать
4. участвовать в акциях
5. способствовать формированию гордости
6. сохранение традиций
7. бережно хранить память предков
8. вовлечение в интересные проекты
9. проявления гражданской активности
10. высоко оценивать усилия

2. Answer the questions: (ответьте на вопросы):

1. What initiative is particularly notable among many worthy projects?
2. Who takes part in these remarkable actions every year?
3. When did the most grandiose work occur?
4. Are volunteer activities restricted only to charitable endeavors?
5. How do educational and cultural projects contribute to developing future generations' creative abilities?
6. With what spirit are annual clean-up campaigns conducted?

3. Fill in the blanks (заполните пропуски):

1. The volunteer movement becomes a symbol of vital energy, _____ and change the world around them for the better.
2. Every year students of the college _____ aimed at improving the appearance of their hometown.
3. The collective actively participates in educating youth, conducting informative classes, commemorative meetings, contributing to _____ land while preserving traditions of our common past.
4. Their efforts were highly appreciated by local authorities and _____ who sincerely thanked them for contribution to beauty and comfort of home region.

4. What kind of volunteer project do you think is missing in college? Say 50-70 words. (Как ты считаешь, какого волонтерского проекта не хватает в колледже? Скажи 50-70 слов)

Keys.

1.

1. ideas of goodness and compassion
2. volunteer movement
3. willingness to help
4. to take part in actions
5. to formation of pride
6. to preserve traditions
7. to cherish memory of ancestors

8. engaging in interesting projects
9. expression of civic activity
10. to appreciate efforts highly

2.

1. Among the many worthy initiatives, the Veterans with Us project stands out in particular.
2. Every year students of the college take part in amazing actions aimed at improving the appearance of their hometown.
3. The most grandiose work took place in June.
4. No, volunteers' activities are not limited solely to charity involvement.
5. A special role belongs to development of creative abilities of future generations.
6. Annual campaigns maintaining cleanliness are conducted with constant enthusiasm.

3.

1. willingness to help others
2. take part in amazing actions
3. formation of pride in history of native
4. received warm feedback from residents

4.

I think the college needs a project to help homeless animals. There are stray animals in every city in Russia. It's hard to say how many there are. We meet them every day. The life of animals on the street is full of dangers. They die under the wheels of cars, they are shot at, they are poisoned, they die of curable and incurable diseases, they die in huge numbers in the cold. Many of them did not always live in such conditions: someone ended up on the street because of human carelessness or cruelty. Therefore, it is necessary to cultivate a sense of responsibility for pets and help them.

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Volunteer activity in Rostov-on-Don College of Water Transport

“A volunteer doesn't always have time-he has a heart”.

The unknown author

Nowadays the volunteer movement in Rostov region is developing in 13 main branches: culture, ecology, science, psychology, media etc. The project “Volunteers of culture” guides theatre events and restores cultural heritage sites of the region, such as the mosaic fountain “Lyre” in the Pushkinskaya street.

As for ecological branch, volunteers render assistance in providing eco-lessons, eco-picnics and other events, like “Kind caps”. Sorting waste is necessary not only to make our planet cleaner. At the same time, we can help those who need our support. According to this principle, “Kind Caps”, is one of the most prominent Russian eco-actions. This project has a dual purpose: to make the world a cleaner place and to help children who need support.

People collect caps from plastic bottles, hand them over to the project volunteers, and they, in turn, transmitting caps to recycling plants. The earnings are transferred to a charitable foundation. They are used to buy rehabilitation equipment for children with disabilities.

Cadets and teachers of our college have been actively involved in this project for several years. Almost all first-year cadets took part.

Similar projects foster a responsible attitude towards nature and give the ability to take care of it, as well as develop moral skills and ability to help others.

In conclusion, I'd like to give a quote by J.W. Goethe, which, in my opinion, expresses the deep essence of volunteering: "He who does nothing for others does nothing for himself."

Tasks

1. Match the words with their definitions (Соотнеси слова с их определениями).

- 1) Volunteering
 - 2) Ecology
 - 3) Science
 - 4) Culture
 - 5) Skill
- a) Intentional human activity for creating and systemization of knowledge reflecting objective reality
 - b) Ability, competence to solve problems, development of personal efficiency
 - c) Gratuitous voluntary assistance
 - d) Part of biology describing interaction of living organisms with the environment
 - e) Historically determined level of society and man development

2. Complete the sentences (Заверши предложения)

1. Nowadays the volunteer movement in Rostov region is developing in 13 main branches:

2. Volunteer activity fosters _____
3. The project "Volunteers of culture" guides _____

3. True/False statements (Определите верные и неверные утверждения)

- 1) One of the aims of volunteering is rendering free of charge assistance.
- 2) Adults are prohibited to become volunteers.
- 3) Volunteers render assistance for children only.
- 4) Volunteering develops moral skills and ability to help others.
- 5) Volunteering movement takes place only in Rostov region.

4. Answer the questions (Ответьте на вопросы)

- 1) What are the main branches of volunteering movement in Rostov region?
- 2) What are the aims of volunteering movement?
- 3) How people can render assistance, in the context of eco-action "Kind Caps"?
- 4) What features are brought up participating in volunteering?
- 5) Would you like to take part in the volunteering movement?

5. Express your opinion on the quote by J.W. Goethe: “He who does nothing for others does nothing for himself, using following phrases(Выразите свое мнение по поводу цитаты, используя опорные выражения):

- honestly speaking;
- no doubt;
- I think that;
- I suppose that;
- I believe that;
- in my opinion,
- from my point of view;
- as for me;
- personally
- etc .

Keys

1.

1-c

2-d

3-a

4-e

5-b

2.

1. Nowadays the volunteer movement in Rostov region is developing in 13 main branches: culture, ecology, science, psychology, media etc.

2. Volunteer activity fosters a responsible attitude towards nature and give the ability to take care of it, as well as develop moral skills and ability to help others.

3. The project “Volunteers of culture“ guides theatre events and restores cultural heritage sites of the region.

3. T,F,F,T,F.

4.

1. Nowadays the volunteer movement in Rostov region is developing in 13 main branches: culture, ecology, science, psychology, media etc.

2. Volunteering movement pursues a number of goals: development of social skills, compassion, networking, forming of reliability, improving of emotional state, obtaining of life experience.

3. People collect caps from plastic bottles, hand them over to the project volunteers, and they, in turn, transmitting caps to recycling plants. The earnings are transferred to a charitable foundation. They are used to buy rehabilitation equipment for children with disabilities.

4. Compassion, reliability, responsiveness and a lot of other valuable human features are brought up participating in volunteering.

5. Sure.

5. Indisputably, J.W. Goethe is a great German writer, his words, really expresses the deep essence of people and events` nature. I believe that, assisting other people we feel better ourselves, become more confident. A human being is a social being, each person couldn`t imagine his life outside of society. But honestly speaking, the quote of unknown author at the beginning of the text is closer to my heart.

Ковтунова Людмила Алексеевна, преподаватель ГБПОУ РО «Ростовский-на-Дону
автодорожный колледж»

Volunteering activities in Rostov-on-Don Highway Technical College

In Rostov-on-Don Highway technical college, students and teachers are engaged in diverse volunteering activities. The aim of volunteering in any educational establishment is to gain practical experience, develop new skills, and to make positive contribution to the community . Our college is actively involved in different volunteer activities. We visit orphanages, we collect stationery for the start of the school year and gifts for the New Year. We collect food for the animal shelters .Some students join environmental clean-up groups .

But during the recent years our volunteer activities have focused on supporting soldiers participating in the Special Military Operation (SMO). Every week, volunteers are engaged in weaving camouflage nets, preparing trench candles, writing letters to our soldiers, and making greeting videos for holidays. Under the guidance of training instructors, our students make stoves for heating and cooking food in the trenches in field conditions. Teachers and adult students donate blood, they also collect and pack parcels with essential items — warm clothing, hygiene products, medicine, books, and letters of encouragement — which are sent directly to military units near the front lines. Teachers help coordinate logistics, while students design handmade greeting cards with personal messages.

We are proud of our college graduates who are currently serving in the Special Military Operation . They are: Tryasorukov Ilya, Maksimenko Victor , the former auto mechanics students, now serve as a vehicle technicians in a frontline unit. They write to their former instructors and teachers, thanking them for the skills that help them keep military equipment running under difficult conditions. Polyakov Oleg works in the hospital. Vitaly Shestakov, call sign "musician," is a platoon commander in a motorized rifle battalion. He was awarded two Orders of Courage. Recent college graduates Kislyak Anton, Bogdanov Timophei, Vitkovsky Evgeny, Didenko Ivan also serve on the front line. We display their photos and stories on the college's "Heroes of Our College" desk.

More than a hundred students are now active volunteers. The curator of the volunteer movement in our college is our teacher Kulikova O.P. In March 2022 she initiated the Volunteer Group "The Roads of Goodness" and has been helping the participants all this time. Oksana Petrovna and her volunteer group is in charge of the hospital in Donetsk ,and provides assistance to the soldiers on the front line. She accompanied vehicles carrying humanitarian aid to Donetsk twice. Her volunteer work was recognized with letters of gratitude and certificates from the Ministry of Education and from the Head of the Federal Agency for Youth Affairs.

So, this spirit of service has become part of our college's identity — not just as an educational establishment, but as a community that stands with its nation. These activities are a great opportunity for everyone to help where needed, make a positive impact on the society and develop new skills.

Task 1: True/False/Not Stated (Определите, верно ли утверждение, не верно или в тексте не упомянуто)

1. Students collect warm clothing for soldiers.
2. Teachers do not participate in volunteering.
3. All graduates of the college are serving in the SMO.
4. Volunteers help repair vehicles for local residents.
5. Teachers and adult students donate blood.

6. Care packages include only letters from students.

Task 2: Match the words with their meanings. (Сопоставьте слова из текста с их значением)

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|--------------|------------------------------------|
| 1.logistics | a) basic cleanliness products |
| 2.hygiene | b) to organize and manage |
| 3.frontline | c) help or support |
| 4.assistance | d) area where combat happens |
| 5.tribute | e) system of organizing activities |
| 6.coordinate | f) a sign of respect |

Task 3: Fill in the Blanks (Вставьте пропущенное слово из текста)

1. Students send _____ to soldiers with personal messages.
2. Our _____ are displayed on the “Heroes of Our College” desk.
3. Some students join _____ clean-up groups .
4. The college has a formal _____ program.
5. Vitaly Shestakov is our former student awarded_____.
6. Volunteers bring gifts to _____ during holidays.

Task 4: Answer the Questions (Ответьте на вопросы)

1. What is the aim of volunteering?
2. What kinds of volunteer activity are our students engaged in?
3. What items do students pack for soldiers?
4. How do our students help the military?
5. What other community work do volunteers do?
6. How many students are active volunteers in the college?
7. Who writes letters to the college from the front?
8. How is the volunteer group called?

Task 5: Student’s Narration (Personal Experience) (Высказывание студента о его собственном опыте участия в волонтерском движении)

Write a short paragraph (50–70 words) as if you are a student at the college who volunteers. Describe what you do, how you feel, and why it matters.(Напишите короткий абзац (50–70 слов) от лица студента колледжа, занимающегося волонтерской деятельностью. Опишите, чем вы занимаетесь, что чувствуете и почему это важно.)

Keys.

Task-1

1.T 2.F 3.F 4.NS 5.T 6.F

Task-2

1-e; 2-a; 3-d; 4-c; 5-f; 6-b

Task-3

1.parcels; 2.graduates; 3.environmental; 4.volunteering;

5.two Orders of Courage; 6.orphanage;

Task-4 Ответы:

1. The aim of volunteering in any educational establishment is to gain practical experience, develop new skills, and to make positive contribution to the community.
2. Our students and teachers are engaged in diverse volunteering activities: we visit orphanages with gifts; we collect food for the animal shelters; some students join environmental clean-up groups; support soldiers participating in the Special Military Operation.
3. Students collect and pack parcels with essential items — warm clothing, hygiene products, medicine, books, and letters of encouragement.
4. Every week, volunteers are engaged in weaving camouflage nets, preparing trench candles, making stoves for heating, cooking food in the trenches, writing letters to our soldiers, and making greeting videos for holidays.
5. Besides, teachers and adult students donate blood and accompany vehicles carrying humanitarian aid to Donetsk hospital
6. More than a hundred students are now active volunteers in our college.
7. Our former auto mechanics students, now serve as a vehicle technicians in a frontline unit. They write to their teachers and instructors thanking them for the skills that help them keep military equipment running under difficult conditions.
8. The volunteer group in our college is called “The Roads of Goodness”.

Task-5

“I am a 3-rd year student of Highway technical college, I am a volunteer. I and my groupmates took part in weaving camouflage nets, helped to pack parcels for the front, made greeting videos, wrote letters of encouragement. One soldier wrote back — he said our letters made him feel less alone. I feel proud. I’m not on the front line, but I know I’m helping my heroes. This is my way of serving my country.”